

## Resources

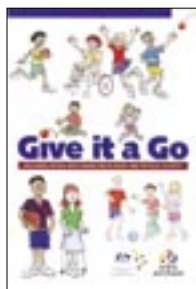
### Give it a Go: including people with disabilities in sport and physical activity | \$35.00

Item code 11-302

ISBN 1 74013 049 9

2001; paperback; A4; 188pp.

Also available on six audio cassettes (\$35.00 Item code 11-303)



The core resource of the Disability Education Program, this full-colour book examines:

- issues of inclusion
- the principles of adapting and modifying for individual difference
- practical ideas on adapting
- strategies that sports clubs and organisations can use to attract people with disabilities as members
- the implications of sport and physical activity for individuals with various physical, intellectual, sensory and health conditions.

### Disability Education Program activity cards | \$20.00

Item code 11-307

2005; set of 12 cards; A4



These cards have been especially developed for the Disability Education Program modules and are a great source of inclusive game ideas for people with and without disabilities.

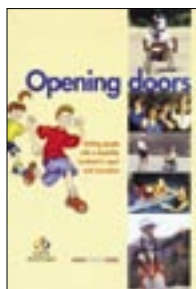
The cards are ideal for coaches, teachers and sports leaders, and encourage the use of the TREE principle to adapt and modify game situations to be more inclusive of people with disabilities. This model can be used in any sports activity situation and each card lists examples of how TREE can be applied to the game.

### Opening Doors: getting people with a disability involved in sport and recreation | \$16.00

Item code 11-276

ISBN 1 74013 019 7

2000; paperback; A4; 76pp.



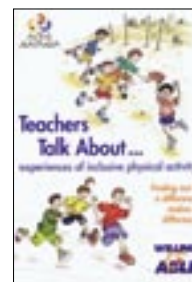
This book provides sport and recreation organisations with practical information and ideas on including people with disabilities in sport and recreation. A series of case studies explores the strategies employed by generic service providers to attract and retain people with disabilities as members.

### Teachers Talk About: experiences of inclusive physical activity | \$16.00

Item code 11-164

ISBN 0 642 26380 9

1998; paperback; A4; 64pp.



Explores the real life day-to-day experiences of teachers who provide sport and physical activity programs for children. The teachers' stories offer solutions, useful information and a critical understanding of inclusive practice and the needs of individuals with a disability.

### Where can I find out more?

Including people with disabilities in physical activity, sport and recreation is not difficult. The Disability Education Program can assist you to:

- value difference
- become an accessible organisation/club
- cater for people with a disability
- adapt and modify existing programs to include people with disabilities.

For more information on the program, visit the Disability Education Program web site at [www.ausport.gov.au/dsu/dep.asp](http://www.ausport.gov.au/dsu/dep.asp)

Or contact the Disability Sport unit:

Email (preferred): [dep@ausport.gov.au](mailto:dep@ausport.gov.au)

Tel: (02) 6214 1415

For Disability Education Program training enquiries contact your State Coordinator at [www.ausport.gov.au/dsu/contacts.asp](http://www.ausport.gov.au/dsu/contacts.asp)

To purchase resources contact the Distribution Coordinator, Publishing, Australian Sports Commission:

Tel: (02) 6214 1795

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Email: [pubs@ausport.gov.au](mailto:pubs@ausport.gov.au)

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Australian Government

Australian Sports Commission

DISABILITY EDUCATION PROGRAM

# Disability Education Program



A training program to help you include people with disabilities in sport and recreation activities

## Disability sport

Less than 2 per cent of the 19 per cent of people with disabilities participate in regular organised sport. The key to increasing participation lies in educating the sports community and people with disabilities about the opportunities available to participate in sport and physical activity.

The perception that disability sport is separate from mainstream sport is changing. People with disabilities have the same sporting and physical activity requirements as everyone else. This includes good coaching, easy access to facilities, peer support, transparent sport pathways, good competition opportunities and efficient administrative systems that support equal opportunities for all.

The Australian Sports Commission's Disability Education Program is a dynamic tool that ensures sport and physical activity providers have the confidence, knowledge and skills to provide opportunities for people with disabilities.

## What is the Disability Education Program?

The Disability Education Program assists sport and physical activity providers to better include people with disabilities in sport and physical activity.

The program provides training, resource material and an ongoing support network for teachers, coaches, sports administrators, facility managers and community leaders to help them include people with disabilities in their activities.

The program consists of six three-hour training modules, each with specific learning outcomes. Each module is aimed at specific target groups and covers a range of topics related to the inclusion of people with disabilities in physical activity and sport.

These interactive workshops are delivered by trained and experienced presenters and can be tailored to suit the needs of different groups.

The Disability Education Program is coordinated nationally by the Disability Sport unit at the Australian Sports Commission, and is managed and delivered at state and territory level by a network of agencies.

## Training modules

- **Module 1: Count Me In** — a general community sports and awareness workshop for everyone interested or involved in the provision of sporting opportunities that include people with disabilities.
- **Module 2: Getting Ready for School** — a sport, physical education and disability-awareness workshop focused on the inclusion of young people with disabilities into school-based sport and physical activity programs.
- **Module 3: Opening Doors** — a practical workshop that assists sporting organisations develop strategies to attract and retain people with disabilities as members.
- **Module 4: Play By the Rules** — a workshop that helps sporting organisations to understand and deal with issues of disability discrimination and meet their obligations under the *Disability Discrimination Act 1992*.
- **Module 5: What is Disability Sport?** — a workshop that shows participants how to assist people with disabilities get involved in sport. This is a feeder workshop for Disability Sport Contact Officers and/or classifiers.
- **Module 6: Inclusive Coaching** — a coach-oriented workshop that enhances current knowledge and promotes the inclusion of athletes with disabilities.



## Who can do the modules?

Disability Education Program modules are designed to address a range of needs across sport, school and the community.

The table below suggests which core modules may benefit individuals or organisations involved in the provision of sport and physical activity. However all Disability Education Program modules are open to any interested individual or organisation (minimum age 16 years).

	Count Me In	Getting Ready for School	Opening Doors	Play by the Rules	What is Disability Sport?	Inclusive Coaching
Schools	X	X		X	X	
Coaches	X			X	X	X
Officials	X			X	X	
Club administrators	X		X	X	X	
Classifiers	X			X	X	
Facility managers	X		X	X	X	