



## physical activity chatterbox

**1** watch TV  
that's not active  
being with friends

**2** gardening

**3** dance to music

**4** climb a tree

**5** walk the dog  
great for the whole family to do

**6** ride my bike  
make sure you wear a helmet

**7** go to the park  
You can do lots of things there  
You can earn good money

**8** kick the footy  
go to the local oval

**at home?**

**hide in a great place to be active**

**something active**

Create a chatterbox about physical activity. Cut out the chatterbox as indicated and fold along the lines as shown in the instruction diagram.

