



Australian Government
 Australian Sports Commission
 Department of Health and Ageing

Participation in Exercise, Recreation and Sport



Annual Report 2008

State and Territory Tables for Tasmania



Government of South Australia
 Office for Recreation and Sport



Department of
 Sport and Recreation

9.3.6 Tasmania

Table 82: Tasmanian participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	9.1	6.7	13.5	22.6	20.2	29.3
	25 to 34	3.0*	9.9	10.9	14.0	20.8	23.8
	35 to 44	2.6*	11.7	13.2	15.8	24.9	27.5
	45 to 54	1.5*	17.4	8.3	9.8	25.7	27.2
	55 to 64	2.1*	14.6	7.4	9.5	21.9	24.1
	65 and over	3.7*	11.8	7.6	11.3	19.4	23.1
	TOTAL		22.0	72.0	60.9	82.9	132.9
Females	15 to 24	6.0	5.8	15.0	21.0	20.8	26.8
	25 to 34	3.2*	12.9	9.4	12.6	22.3	25.5
	35 to 44	1.4*	18.5	8.9	10.4	27.4	28.8
	45 to 54	2.6*	22.4	7.6	10.2	30.0	32.6
	55 to 64	1.0**	17.8	7.3	8.3	25.1	26.1
	65 and over	4.0*	13.8	6.5	10.4	20.3	24.3
	TOTAL		18.2	91.2	54.7	72.9	145.9
Persons	15 to 24	15.0	12.5	28.5	43.6	41.0	56.1
	25 to 34	6.2	22.8	20.4	26.6	43.1	49.3
	35 to 44	4.0*	30.1	22.2	26.2	52.3	56.3
	45 to 54	4.1*	39.8	15.9	19.9	55.7	59.8
	55 to 64	3.2*	32.4	14.7	17.8	47.0	50.2
	65 and over	7.7	25.6	14.1	21.7	39.7	47.3
	TOTAL		40.2	163.1	115.6	155.9	278.8
Total participation rate (%) (b)							
Males	15 to 24	28.2	20.9	42.2	70.4	63.0	91.3
	25 to 34	11.2*	36.4	40.3	51.5	76.7	87.9
	35 to 44	8.1*	36.6	41.5	49.6	78.1	86.2
	45 to 54	4.2*	50.0	23.9	28.1	73.9	78.1
	55 to 64	6.9*	47.5	23.9	30.9	71.4	78.3
	65 and over	11.7*	37.0	23.9	35.6	60.8	72.5
	TOTAL	11.7	38.2	32.3	44.0	70.5	82.2
Females	15 to 24	19.3	18.8	48.5	67.8	67.3	86.6
	25 to 34	11.2*	45.4	33.2	44.4	78.6	89.8
	35 to 44	4.3*	54.5	26.4	30.7	80.9	85.1
	45 to 54	7.2*	61.9	20.9	28.0	82.8	89.9
	55 to 64	3.4**	57.1	23.4	26.8	80.5	83.9
	65 and over	10.8*	37.6	17.6	28.4	55.3	66.0
	TOTAL	9.2	46.2	27.7	37.0	73.9	83.2
Persons	15 to 24	23.9	19.8	45.3	69.2	65.1	89.0
	25 to 34	11.2	41.0	36.7	47.9	77.7	88.9
	35 to 44	6.1*	45.8	33.7	39.8	79.5	85.7
	45 to 54	5.7*	56.1	22.4	28.1	78.4	84.1
	55 to 64	5.1*	52.3	23.7	28.8	76.0	81.1
	65 and over	11.2	37.3	20.5	31.7	57.9	69.0
	TOTAL	10.4	42.3	30.0	40.4	72.3	82.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 83: Tasmanian participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	29.3	91.3	26.8	86.6	56.1	89.0
25 to 34	23.8	87.9	25.5	89.8	49.3	88.9
35 to 44	27.5	86.2	28.8	85.1	56.3	85.7
45 to 54	27.2	78.1	32.6	89.9	59.8	84.1
55 to 64	24.1	78.3	26.1	83.9	50.2	81.1
65 and over	23.1	72.5	24.3	66.0	47.3	69.0
REGION						
Capital city	68.4	87.3	72.4	85.0	140.7	86.1
Rest of state	86.5	78.6	91.8	81.7	178.3	80.2
EMPLOYMENT STATUS						
Employed full time	88.9	85.0	44.0	87.7	132.9	85.9
Employed part time	21.2	88.0	58.8	91.4	80.1	90.4
Employed refused	0.5**	100.0**	1.1**	77.7**	1.6*	83.2*
Total employed	110.6	85.6	104.0	89.6	214.6	87.5
Unemployed	4.5	72.9	6.3	75.1	10.8	74.1
Not in the labour force	39.8	75.1	53.9	73.8	93.6	74.3
MARITAL STATUS						
Married	99.1	83.5	95.8	86.7	194.9	85.1
Not married	55.6	79.9	67.8	78.5	123.4	79.1
Refused/Do not know	0.2**	100.0**	0.5**	100.0**	0.7**	100.0**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	47.7	86.5	55.5	87.1	103.2	86.8
At least one under 18 — none at home	4.3	73.2	1.1**	65.6**	5.5	71.5
No children under 18	102.8	80.8	107.5	81.5	210.3	81.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	34.2	89.4	34.0	94.8	68.2	92.0
Undergraduate diploma or associate diploma	14.1	94.4	11.5	90.4	25.6	92.6
Certificate, trade qualification or apprenticeship	26.1	85.0	27.9	88.3	54.0	86.7
Highest level of secondary school	31.2	76.2	35.0	75.4	66.3	75.8
Did not complete highest level of school	36.1	76.3	39.6	75.4	75.7	75.8
Never went to school	0.0**	0.0**	0.2**	100.0**	0.2**	51.2**
Still at secondary school	9.6	96.1	11.2	100.0	20.8	98.1
Other	3.3*	70.4*	4.1*	69.7*	7.4	70.0
Refused	0.2**	17.5**	0.6**	65.8**	0.8**	38.2**
LANGUAGE SPOKEN AT HOME						
English only	147.9	82.1	159.0	83.3	306.9	82.7
European language/s other than English	3.6*	85.7*	2.0*	84.1*	5.6	85.1
Non-European language/s	4.1*	88.1*	3.1*	73.9*	7.3	81.3
Total	154.9	82.2	164.1	83.2	319.0	82.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 84: All Tasmanian persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	2.8*	3.6*	8.6	5.6	11.5	0.0**	32.1
	25 to 34	3.3*	3.1*	10.0	5.2	5.5	0.0**	27.1
	35 to 44	4.4	6.2	4.6	6.6	10.0	0.0**	31.9
	45 to 54	7.6	4.4	7.8	7.1	7.9	0.0**	34.8
	55 to 64	6.7	4.9	4.7	4.9	9.6	0.0**	30.7
	65 and over	8.7	3.1*	5.6	4.1*	9.7	0.5**	31.8
	TOTAL		33.5	25.3	41.4	33.5	54.1	0.5**
Females	15 to 24	4.1*	3.2*	5.7	6.1	11.8	0.0**	30.9
	25 to 34	2.9*	2.2*	8.1	8.0	6.7	0.5**	28.4
	35 to 44	5.0	2.9*	7.3	7.5	11.0	0.2**	33.9
	45 to 54	3.7*	3.7*	9.1	9.1	10.7	0.0**	36.3
	55 to 64	5.0	2.3*	5.5	7.3	10.9	0.1**	31.1
	65 and over	12.5	2.5*	5.9	7.3	8.2	0.3**	36.7
	TOTAL		33.2	16.9	41.5	45.3	59.3	1.1**
Persons	15 to 24	6.9	6.8	14.3	11.7	23.3	0.0**	63.0
	25 to 34	6.2	5.3	18.1	13.2	12.2	0.5**	55.5
	35 to 44	9.4	9.1	11.9	14.1	21.0	0.2**	65.7
	45 to 54	11.3	8.1	16.9	16.2	18.5	0.0**	71.0
	55 to 64	11.7	7.2	10.2	12.2	20.5	0.1**	61.9
	65 and over	21.2	5.6	11.5	11.4	17.9	0.8**	68.6
	TOTAL		66.7	42.2	83.0	78.9	113.4	1.6*
Percentage of row (%)								
Males	15 to 24	8.7*	11.2*	26.9	17.4	35.8	0.0**	100.0
	25 to 34	12.1*	11.4*	37.0	19.4	20.2	0.0**	100.0
	35 to 44	13.8	19.5	14.6	20.8	31.4	0.0**	100.0
	45 to 54	21.9	12.8	22.4	20.3	22.6	0.0**	100.0
	55 to 64	21.7	15.8	15.3	16.0	31.2	0.0**	100.0
	65 and over	27.5	9.7*	17.7	12.9*	30.5	1.6**	100.0
	TOTAL		17.8	13.4	22.0	17.8	28.7	0.3**
Females	15 to 24	13.4*	10.4*	18.4	19.7	38.2	0.0**	100.0
	25 to 34	10.2*	7.9*	28.5	28.1	23.7	1.6**	100.0
	35 to 44	14.9	8.6*	21.5	22.1	32.3	0.5**	100.0
	45 to 54	10.1*	10.1*	25.2	25.2	29.4	0.0**	100.0
	55 to 64	16.1	7.4*	17.5	23.5	35.1	0.4**	100.0
	65 and over	34.0	6.9*	16.0	19.9	22.3	0.9**	100.0
	TOTAL		16.8	8.6	21.0	23.0	30.0	0.6**
Persons	15 to 24	11.0	10.8	22.7	18.5	37.0	0.0**	100.0
	25 to 34	11.1	9.6	32.6	23.8	22.0	0.8**	100.0
	35 to 44	14.3	13.9	18.2	21.5	31.9	0.3**	100.0
	45 to 54	15.9	11.4	23.8	22.8	26.1	0.0**	100.0
	55 to 64	18.9	11.6	16.4	19.8	33.1	0.2**	100.0
	65 and over	31.0	8.2	16.8	16.7	26.1	1.2**	100.0
	TOTAL		17.3	10.9	21.5	20.5	29.4	0.4*

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 85: Tasmanian participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	3.6*	25.7	22.1	17.1	29.3
	25 to 34	3.1*	20.7	13.4	10.7	23.8
	35 to 44	6.2	21.3	19.5	16.6	27.5
	45 to 54	4.4	22.7	19.7	14.9	27.2
	55 to 64	4.9	19.2	17.7	14.5	24.1
	65 and over	3.1*	19.5	17.8	13.8	23.1
	TOTAL		25.3	129.1	110.3	87.6
Females	15 to 24	3.2*	23.6	21.1	17.9	26.8
	25 to 34	2.2*	22.8	18.7	14.7	25.5
	35 to 44	2.9*	25.7	21.6	18.4	28.8
	45 to 54	3.7*	28.9	24.3	19.8	32.6
	55 to 64	2.3*	23.7	21.6	18.2	26.1
	65 and over	2.5*	21.4	18.5	15.5	24.3
	TOTAL		16.9	146.1	125.8	104.6
Persons	15 to 24	6.8	49.3	43.2	35.0	56.1
	25 to 34	5.3	43.5	32.1	25.4	49.3
	35 to 44	9.1	47.0	41.1	35.1	56.3
	45 to 54	8.1	51.6	43.9	34.7	59.8
	55 to 64	7.2	42.9	39.3	32.7	50.2
	65 and over	5.6	40.8	36.4	29.3	47.3
	TOTAL		42.2	275.2	236.1	192.2
Total participation rate (%) (b)						
Males	15 to 24	11.2*	80.1	68.9	53.2	91.3
	25 to 34	11.4*	76.5	49.5	39.5	87.9
	35 to 44	19.5	66.8	61.3	52.2	86.2
	45 to 54	12.8	65.3	56.5	42.9	78.1
	55 to 64	15.8	62.5	57.8	47.2	78.3
	65 and over	9.7*	61.2	56.0	43.5	72.5
	TOTAL		13.4	68.5	58.6	46.5
Females	15 to 24	10.4*	76.3	68.2	57.9	86.6
	25 to 34	7.9*	80.2	65.9	51.8	89.8
	35 to 44	8.6*	76.0	63.8	54.5	85.1
	45 to 54	10.1*	79.8	66.9	54.6	89.9
	55 to 64	7.4*	76.1	69.3	58.6	83.9
	65 and over	6.9*	58.2	50.5	42.2	66.0
	TOTAL		8.6	74.1	63.8	53.0
Persons	15 to 24	10.8	78.2	68.5	55.5	89.0
	25 to 34	9.6	78.4	57.9	45.8	88.9
	35 to 44	13.9	71.5	62.6	53.4	85.7
	45 to 54	11.4	72.7	61.9	48.9	84.1
	55 to 64	11.6	69.3	63.6	52.9	81.1
	65 and over	8.2	59.6	53.0	42.8	69.0
	TOTAL		10.9	71.4	61.2	49.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 86: Tasmanian recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	16.6	7.7	10.5	14.6	11.5	10.8	71.7
	Two or three sessions weekly	3.9*	2.0*	1.4*	1.4*	2.2*	3.5*	14.3
	Less than two sessions weekly	0.7**	0.3**	0.2**	0.6**	0.3**	0.4**	2.4*
	<i>Total</i>	21.2	9.9	12.1	16.6	14.0	14.7	88.4
Two hours or more but less than five hours	More than three sessions weekly	5.5	6.4	13.5	9.1	11.6	9.2	55.4
	Two or three sessions weekly	9.7	7.2	4.3	6.0	4.5	3.6*	35.3
	Less than two sessions weekly	2.6*	3.0*	1.6*	1.9*	3.1*	2.8*	15.0
	<i>Total</i>	17.8	16.6	19.4	17.1	19.2	15.6	105.7
Less than two hours	More than three sessions weekly	0.0**	1.7*	1.6*	1.5*	1.3*	2.1*	8.1
	Two or three sessions weekly	2.7*	2.6*	5.5	6.5	3.3*	2.8*	23.4
	Less than two sessions weekly	5.5	8.4	10.6	8.8	7.4	6.1	46.8
	<i>Total</i>	8.2	12.7	17.7	16.7	12.0	11.0	78.3
Total	More than three sessions weekly	22.1	15.8	25.6	25.2	24.4	22.1	135.2
	Two or three sessions weekly	16.3	11.8	11.2	13.9	10.0	9.9	73.1
	Less than two sessions weekly	8.8	11.6	12.4	11.2	10.8	9.3	64.2
	Total	47.2	39.2	49.2	50.3	45.2	41.3	272.4
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.1	2.8	3.9	5.3	4.2	4.0	26.3
	Two or three sessions weekly	1.4*	0.7*	0.5*	0.5*	0.8*	1.3*	5.3
	Less than two sessions weekly	0.3**	0.1**	0.1**	0.2**	0.1**	0.2**	0.9*
	<i>Total</i>	7.8	3.6	4.4	6.1	5.1	5.4	32.5
Two hours or more but less than five hours	More than three sessions weekly	2.0	2.4	4.9	3.4	4.3	3.4	20.3
	Two or three sessions weekly	3.6	2.6	1.6	2.2	1.6	1.3*	13.0
	Less than two sessions weekly	0.9*	1.1*	0.6*	0.7*	1.1*	1.0*	5.5
	<i>Total</i>	6.5	6.1	7.1	6.3	7.0	5.7	38.8
Less than two hours	More than three sessions weekly	0.0**	0.6*	0.6*	0.5*	0.5*	0.8*	3.0
	Two or three sessions weekly	1.0*	1.0*	2.0	2.4	1.2*	1.0*	8.6
	Less than two sessions weekly	2.0	3.1	3.9	3.2	2.7	2.2	17.2
	<i>Total</i>	3.0	4.6	6.5	6.1	4.4	4.0	28.8
Total	More than three sessions weekly	8.1	5.8	9.4	9.2	9.0	8.1	49.6
	Two or three sessions weekly	6.0	4.3	4.1	5.1	3.7	3.6	26.8
	Less than two sessions weekly	3.2	4.3	4.6	4.1	4.0	3.4	23.6
	Total	17.3	14.4	18.1	18.5	16.6	15.2	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 87: Tasmanian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	17.1	53.2	17.9	57.9	35.0	55.5
25 to 34	10.7	39.5	14.7	51.8	25.4	45.8
35 to 44	16.6	52.2	18.4	54.5	35.1	53.4
45 to 54	14.9	42.9	19.8	54.6	34.7	48.9
55 to 64	14.5	47.2	18.2	58.6	32.7	52.9
65 and over	13.8	43.5	15.5	42.2	29.3	42.8
REGION						
Capital city	40.6	51.8	47.2	55.5	87.8	53.7
Rest of state	47.1	42.8	57.4	51.1	104.4	47.0
EMPLOYMENT STATUS						
Employed full time	47.5	45.4	26.6	53.0	74.0	47.8
Employed part time	13.2	54.8	39.1	60.8	52.4	59.1
Employed refused	0.2**	51.1**	0.8**	54.6**	1.0**	53.7**
Total employed	60.9	47.1	66.5	57.3	127.4	52.0
Unemployed	1.5*	23.6*	3.4*	40.8*	4.9	33.5
Not in the labour force	25.3	47.7	34.7	47.5	59.9	47.6
MARITAL STATUS						
Married	55.4	46.7	60.0	54.3	115.3	50.4
Not married	32.0	46.1	44.6	51.6	76.7	49.2
Refused/Do not know	0.2**	100.0**	0.0**	0.0**	0.2**	33.8**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	23.8	43.2	33.4	52.5	57.3	48.2
At least one under 18 — none at home	1.8*	30.7*	0.8**	44.5**	2.6*	33.9*
No children under 18	62.0	48.7	70.4	53.3	132.4	51.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	20.2	52.8	22.5	62.8	42.7	57.7
Undergraduate diploma or associate diploma	8.6	57.3	8.0	62.9	16.6	59.9
Certificate, trade qualification or apprenticeship	15.2	49.7	16.9	53.4	32.1	51.6
Highest level of secondary school	17.9	43.6	20.1	43.2	38.0	43.4
Did not complete highest level of school	18.0	38.0	25.6	48.7	43.5	43.6
Still at secondary school	6.0	60.0	8.5	76.1	14.5	68.5
Other	1.5*	32.7*	2.9*	49.4*	4.4	41.9
Refused	0.2**	17.5**	0.2**	19.0**	0.4**	18.1**
LANGUAGE SPOKEN AT HOME						
English only	82.6	45.8	101.3	53.1	184.0	49.6
European language/s other than English	1.9*	45.5*	1.2**	49.7**	3.1*	47.0*
Non-European language/s	3.6*	78.0*	2.1*	48.6*	5.7	64.0
Total	87.6	46.5	104.6	53.0	192.2	49.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 88: Tasmanian organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	9.5	5.8	6.7	3.3*	6.7	0.0**	32.1
	25 to 34	13.1	4.1*	5.0	4.2*	0.7**	0.0**	27.1
	35 to 44	16.0	5.7	5.4	2.9*	1.9*	0.0**	31.9
	45 to 54	25.0	4.3	3.3*	1.2**	1.0**	0.0**	34.8
	55 to 64	21.2	3.1*	4.9	0.6**	0.9**	0.0**	30.7
	65 and over	20.5	4.2*	4.4	1.9*	0.9**	0.0**	31.8
	TOTAL	105.4	27.2	29.6	14.1	12.0	0.0**	188.4
Females	15 to 24	9.9	5.9	7.2	3.5*	4.3	0.0**	30.9
	25 to 34	15.8	3.6*	6.0	2.4*	0.2**	0.5**	28.4
	35 to 44	23.5	4.0*	3.7*	1.8*	0.9**	0.0**	33.9
	45 to 54	26.1	4.1*	3.7*	1.5*	0.8**	0.0**	36.3
	55 to 64	22.8	2.2*	3.9*	1.6*	0.7**	0.0**	31.1
	65 and over	26.3	3.3*	5.6	1.1**	0.3**	0.2**	36.7
	TOTAL	124.4	23.1	30.2	11.9	7.1	0.6**	197.3
Persons	15 to 24	19.4	11.7	14.0	6.8	11.0	0.0**	63.0
	25 to 34	28.9	7.7	11.0	6.6	0.9**	0.5**	55.5
	35 to 44	39.5	9.7	9.1	4.7	2.8*	0.0**	65.7
	45 to 54	51.1	8.4	7.1	2.7*	1.8*	0.0**	71.0
	55 to 64	44.0	5.3	8.8	2.2*	1.5*	0.0**	61.9
	65 and over	46.8	7.5	10.0	3.0*	1.1**	0.2**	68.6
	TOTAL	229.9	50.2	59.9	26.0	19.1	0.6**	385.7

Percentage of row (%)

Males	15 to 24	29.6	18.1	20.9	10.4*	21.0	0.0**	100.0
	25 to 34	48.5	15.2*	18.3	15.5*	2.5**	0.0**	100.0
	35 to 44	50.4	17.8	16.8	9.1*	5.9*	0.0**	100.0
	45 to 54	71.9	12.3	9.6*	3.4**	2.8**	0.0**	100.0
	55 to 64	69.1	10.1*	16.0	1.9**	2.8**	0.0**	100.0
	65 and over	64.4	13.1*	13.7	6.0*	2.7**	0.0**	100.0
	TOTAL	56.0	14.4	15.7	7.5	6.4	0.0**	100.0
Females	15 to 24	32.2	19.2	23.4	11.3*	13.9	0.0**	100.0
	25 to 34	55.6	12.6*	21.1	8.3*	0.8**	1.6**	100.0
	35 to 44	69.3	11.8*	11.0*	5.3*	2.6**	0.0**	100.0
	45 to 54	72.0	11.3*	10.3*	4.3*	2.2**	0.0**	100.0
	55 to 64	73.2	6.9*	12.5*	5.3*	2.1**	0.0**	100.0
	65 and over	71.6	8.9*	15.3	2.9**	0.8**	0.5**	100.0
	TOTAL	63.0	11.7	15.3	6.0	3.6	0.3**	100.0
Persons	15 to 24	30.8	18.6	22.1	10.9	17.5	0.0**	100.0
	25 to 34	52.1	13.9	19.7	11.8	1.6**	0.8**	100.0
	35 to 44	60.2	14.7	13.8	7.1	4.2*	0.0**	100.0
	45 to 54	71.9	11.8	9.9	3.8*	2.5*	0.0**	100.0
	55 to 64	71.2	8.5	14.3	3.6*	2.5*	0.0**	100.0
	65 and over	68.3	10.9	14.6	4.4*	1.7**	0.3**	100.0
	TOTAL	59.6	13.0	15.5	6.7	5.0	0.2**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 89: Tasmanian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	5.8	16.8	13.4	10.1	22.6
	25 to 34	4.1*	9.8	6.2	4.9	14.0
	35 to 44	5.7	10.1	6.8	4.8	15.8
	45 to 54	4.3	5.5	3.7*	2.2*	9.8
	55 to 64	3.1*	6.4	3.5*	1.4*	9.5
	65 and over	4.2*	7.1	5.1	2.8*	11.3
	TOTAL		27.2	55.8	38.8	26.1
Females	15 to 24	5.9	15.0	12.4	7.8	21.0
	25 to 34	3.6*	8.6	5.1	2.6*	12.6
	35 to 44	4.0*	6.4	4.1*	2.7*	10.4
	45 to 54	4.1*	6.1	3.7*	2.3*	10.2
	55 to 64	2.2*	6.2	4.5	2.3*	8.3
	65 and over	3.3*	7.0	3.9*	1.3*	10.4
	TOTAL		23.1	49.2	33.8	19.0
Persons	15 to 24	11.7	31.8	25.8	17.9	43.6
	25 to 34	7.7	18.4	11.3	7.4	26.6
	35 to 44	9.7	16.5	10.9	7.4	26.2
	45 to 54	8.4	11.6	7.4	4.5	19.9
	55 to 64	5.3	12.6	8.0	3.7*	17.8
	65 and over	7.5	14.1	9.0	4.1*	21.7
	TOTAL		50.2	105.0	72.5	45.1

Total participation rate (%) (b)

Males	15 to 24	18.1	52.3	41.7	31.4	70.4
	25 to 34	15.2*	36.3	22.9	18.0	51.5
	35 to 44	17.8	31.8	21.4	15.0	49.6
	45 to 54	12.3	15.8	10.6*	6.2*	28.1
	55 to 64	10.1*	20.7	11.5*	4.7*	30.9
	65 and over	13.1*	22.4	16.1	8.7*	35.6
	TOTAL	14.4	29.6	20.6	13.9	44.0
Females	15 to 24	19.2	48.6	40.1	25.2	67.8
	25 to 34	12.6*	30.2	18.1	9.0*	44.4
	35 to 44	11.8*	18.9	12.1*	7.8*	30.7
	45 to 54	11.3*	16.7	10.3*	6.5*	28.0
	55 to 64	6.9*	19.9	14.5	7.4*	26.8
	65 and over	8.9*	19.0	10.6*	3.7*	28.4
	TOTAL	11.7	24.9	17.1	9.6	37.0
Persons	15 to 24	18.6	50.5	40.9	28.4	69.2
	25 to 34	13.9	33.2	20.4	13.4	47.9
	35 to 44	14.7	25.1	16.6	11.3	39.8
	45 to 54	11.8	16.3	10.4	6.4	28.1
	55 to 64	8.5	20.3	13.0	6.0*	28.8
	65 and over	10.9	20.6	13.2	6.0*	31.7
	TOTAL	13.0	27.2	18.8	11.7	40.4

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 90: Tasmanian organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	7.6	17.5	0.0**	5.6	3.3*	22.6
	25 to 34	5.1	10.0	0.0**	0.2**	1.4*	14.0
	35 to 44	4.5	12.0	0.2**	0.0**	1.8*	15.8
	45 to 54	1.8*	8.3	0.0**	0.6**	1.5*	9.8
	55 to 64	2.1*	6.6	0.6**	0.4**	1.7*	9.5
	65 and over	1.6*	8.2	0.0**	0.2**	3.3*	11.3
	TOTAL		22.7	62.5	0.8**	7.0	13.0
Females	15 to 24	6.2	12.7	0.3**	7.7	1.8*	21.0
	25 to 34	5.1	7.9	0.8**	1.0**	3.7*	12.6
	35 to 44	3.3*	6.7	0.4**	0.4**	2.0*	10.4
	45 to 54	3.7*	5.0	0.2**	0.6**	3.3*	10.2
	55 to 64	3.6*	2.6*	0.2**	0.3**	3.2*	8.3
	65 and over	3.3*	5.6	0.3**	0.6**	3.9*	10.4
	TOTAL		25.2	40.5	2.2*	10.6	17.8
Persons	15 to 24	13.8	30.2	0.3**	13.3	5.1	43.6
	25 to 34	10.2	17.9	0.8**	1.2**	5.0	26.6
	35 to 44	7.8	18.6	0.6**	0.4**	3.8*	26.2
	45 to 54	5.5	13.3	0.2**	1.2**	4.9	19.9
	55 to 64	5.6	9.2	0.7**	0.7**	4.8	17.8
	65 and over	4.9	13.8	0.3**	0.8**	7.2	21.7
	TOTAL		48.0	103.0	3.0*	17.5	30.8
Total participation rate (%) (b)							
Males	15 to 24	23.8	54.6	0.0**	17.5	10.4*	70.4
	25 to 34	18.9	36.7	0.0**	0.8**	5.1*	51.5
	35 to 44	14.2	37.6	0.7**	0.0**	5.8*	49.6
	45 to 54	5.1*	23.8	0.0**	1.7**	4.4*	28.1
	55 to 64	6.7*	21.4	1.9**	1.2**	5.4*	30.9
	65 and over	5.1*	25.7	0.0**	0.6**	10.3*	35.6
	TOTAL	12.1	33.2	0.4**	3.7	6.9	44.0
Females	15 to 24	20.1	40.9	1.1**	25.0	5.7*	67.8
	25 to 34	18.0	27.9	2.7**	3.5**	12.9*	44.4
	35 to 44	9.7*	19.7	1.1**	1.1**	5.9*	30.7
	45 to 54	10.3*	13.8	0.6**	1.6**	9.2*	28.0
	55 to 64	11.5*	8.4*	0.5**	0.9**	10.1*	26.8
	65 and over	9.0*	15.3	0.9**	1.5**	10.6*	28.4
	TOTAL	12.8	20.5	1.1*	5.4	9.0	37.0
Persons	15 to 24	22.0	47.9	0.5**	21.2	8.1	69.2
	25 to 34	18.5	32.2	1.4**	2.2**	9.1	47.9
	35 to 44	11.9	28.4	0.9**	0.6**	5.8*	39.8
	45 to 54	7.7	18.7	0.3**	1.7**	6.8	28.1
	55 to 64	9.1	14.9	1.2**	1.1**	7.8	28.8
	65 and over	7.2	20.1	0.5**	1.1**	10.5	31.7
	TOTAL	12.4	26.7	0.8*	4.5	8.0	40.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 91: Tasmanian participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	20.3	10.8	42.5	21.5	62.8	16.3
Aquarobics	0.0**	0.0**	2.0*	1.0*	2.0*	0.5*
Athletics/track and field	2.5*	1.3*	0.9**	0.5**	3.5*	0.9*
Australian rules football	16.4	8.7	0.6**	0.3**	16.9	4.4
Badminton	2.6*	1.4*	2.8*	1.4*	5.4	1.4
Baseball	0.0**	0.0**	0.3**	0.2**	0.3**	0.1**
Basketball	5.4	2.8	6.3	3.2	11.6	3.0
Billiards/snooker/pool	0.5**	0.2**	0.0**	0.0**	0.5**	0.1**
Boxing	1.4*	0.7*	0.0**	0.0**	1.4*	0.4*
Canoeing/kayaking	4.4	2.3	2.9*	1.5*	7.2	1.9
Carpet bowls	1.5*	0.8*	2.0*	1.0*	3.5*	0.9*
Cricket (indoor)	3.1*	1.6*	0.6**	0.3**	3.6*	0.9*
Cricket (outdoor)	12.6	6.7	2.8*	1.4*	15.4	4.0
Cycling	23.1	12.3	13.9	7.0	37.0	9.6
Dancing	1.7*	0.9*	6.3	3.2	8.0	2.1
Darts	0.0**	0.0**	0.1**	0.1**	0.1**	0.0**
Fishing	12.3	6.5	0.6**	0.3**	12.9	3.3
Football (indoor)	7.7	4.1	0.7**	0.4**	8.4	2.2
Football (outdoor)	13.5	7.1	4.9	2.5	18.4	4.8
Golf	18.0	9.6	3.6*	1.8*	21.6	5.6
Gymnastics	0.2**	0.1**	0.3**	0.2**	0.5**	0.1**
Hockey (outdoor)	2.7*	1.4*	5.8	2.9	8.5	2.2
Horse riding/equestrian activities/polocrosse	1.8*	1.0*	3.8*	1.9*	5.6	1.4
Ice/snow sports	1.8*	1.0*	0.8**	0.4**	2.7*	0.7*
Lawn bowls	6.5	3.4	4.0*	2.0*	10.5	2.7
Martial arts	6.4	3.4	3.9*	2.0*	10.3	2.7
Motor sports	3.3*	1.8*	1.1**	0.6**	4.5	1.2
Netball	0.5**	0.3**	12.8	6.5	13.4	3.5
Orienteering	2.8*	1.5*	2.4*	1.2*	5.2	1.3
Rock climbing	0.8**	0.4**	1.0**	0.5**	1.8*	0.5*
Roller sports	0.7**	0.4**	0.7**	0.3**	1.4*	0.4*
Rowing	0.2**	0.1**	1.3*	0.7*	1.5*	0.4*
Rugby league	0.2**	0.1**	0.0**	0.0**	0.2**	0.1**
Rugby union	1.6*	0.9*	0.2**	0.1**	1.8*	0.5*
Running	24.3	12.9	12.7	6.4	37.1	9.6
Sailing	5.3	2.8	3.0*	1.5*	8.3	2.2
Scuba diving	4.4	2.3	0.0**	0.0**	4.4	1.1
Shooting sports	3.4*	1.8*	0.0**	0.0**	3.4*	0.9*
Softball	0.2**	0.1**	2.0*	1.0*	2.2*	0.6*
Squash/racquetball	3.7*	1.9*	1.5*	0.8*	5.2	1.3
Surf sports	2.0*	1.1*	1.8*	0.9*	3.8*	1.0*
Swimming	15.7	8.3	35.1	17.8	50.8	13.2
Table tennis	1.0**	0.5**	0.0**	0.0**	1.0**	0.3**
Tennis	8.0	4.2	7.7	3.9	15.7	4.1
Tenpin bowling	1.0**	0.5**	1.6*	0.8*	2.6*	0.7*
Touch football	3.5*	1.9*	2.9*	1.4*	6.4	1.7
Triathlon	0.3**	0.2**	0.0**	0.0**	0.3**	0.1**
Volleyball	1.6*	0.8*	0.6**	0.3**	2.2*	0.6*
Walking (bush)	19.7	10.5	20.9	10.6	40.6	10.5
Walking (other)	58.0	30.8	104.2	52.8	162.2	42.1
Water polo	0.0**	0.0**	0.6**	0.3**	0.6**	0.1**
Waterskiing/powerboating	3.1*	1.6*	0.7**	0.4**	3.8*	1.0*
Weight training	7.9	4.2	4.4	2.2	12.3	3.2
Yoga	2.0*	1.1*	6.9	3.5	8.9	2.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 92: Tasmanian participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	18.4	48.7	62.8	4.8	12.6	16.3
Aquarobics	1.5*	0.6**	2.0*	0.4*	0.2**	0.5*
Athletics/track and field	3.5*	0.8**	3.5*	0.9*	0.2**	0.9*
Australian rules football	12.2	5.3	16.9	3.2	1.4	4.4
Badminton	4.7	0.8**	5.4	1.2	0.2**	1.4
Baseball	0.3**	0.3**	0.3**	0.1**	0.1**	0.1**
Basketball	9.6	2.9*	11.6	2.5	0.7*	3.0
Billiards/snooker/pool	0.2**	0.3**	0.5**	0.1**	0.1**	0.1**
Boxing	1.2**	0.1**	1.4*	0.3**	0.0**	0.4*
Canoeing/kayaking	1.0**	6.6	7.2	0.3**	1.7	1.9
Carpet bowls	3.4*	0.3**	3.5*	0.9*	0.1**	0.9*
Cricket (indoor)	2.6*	1.1**	3.6*	0.7*	0.3**	0.9*
Cricket (outdoor)	10.7	6.0	15.4	2.8	1.5	4.0
Cycling	3.7*	35.6	37.0	1.0*	9.2	9.6
Dancing	6.2	3.1*	8.0	1.6	0.8*	2.1
Darts	0.0**	0.1**	0.1**	0.0**	0.0**	0.0**
Fishing	1.7*	12.7	12.9	0.4*	3.3	3.3
Football (indoor)	4.8	4.1*	8.4	1.2	1.1*	2.2
Football (outdoor)	14.7	4.4	18.4	3.8	1.1	4.8
Golf	14.3	12.1	21.6	3.7	3.1	5.6
Gymnastics	0.4**	0.1**	0.5**	0.1**	0.0**	0.1**
Hockey (outdoor)	8.1	1.7*	8.5	2.1	0.4*	2.2
Horse riding/equestrian activities/polocrosse	3.4*	5.4	5.6	0.9*	1.4	1.4
Ice/snow sports	0.0**	2.7*	2.7*	0.0**	0.7*	0.7*
Lawn bowls	10.2	1.6*	10.5	2.6	0.4*	2.7
Martial arts	7.9	3.6*	10.3	2.0	0.9*	2.7
Motor sports	1.1**	3.8*	4.5	0.3**	1.0*	1.2
Netball	12.1	3.5*	13.4	3.1	0.9*	3.5
Orienteering	2.8*	2.8*	5.2	0.7*	0.7*	1.3
Rock climbing	0.4**	1.8*	1.8*	0.1**	0.5*	0.5*
Roller sports	0.4**	1.1**	1.4*	0.1**	0.3**	0.4*
Rowing	0.9**	0.7**	1.5*	0.2**	0.2**	0.4*
Rugby league	0.0**	0.2**	0.2**	0.0**	0.1**	0.1**
Rugby union	1.3*	0.6**	1.8*	0.3*	0.1**	0.5*
Running	6.5	33.1	37.1	1.7	8.6	9.6
Sailing	4.0*	5.6	8.3	1.0*	1.4	2.2
Scuba diving	0.2**	4.4	4.4	0.1**	1.1	1.1
Shooting sports	1.3*	2.4*	3.4*	0.3*	0.6*	0.9*
Softball	2.2*	0.3**	2.2*	0.6*	0.1**	0.6*
Squash/racquetball	1.2**	4.2*	5.2	0.3**	1.1*	1.3
Surf sports	0.5**	3.7*	3.8*	0.1**	1.0*	1.0*
Swimming	5.6	49.0	50.8	1.4	12.7	13.2
Table tennis	0.2**	0.8**	1.0**	0.1**	0.2**	0.3**
Tennis	6.6	11.3	15.7	1.7	2.9	4.1
Tenpin bowling	1.4*	1.5*	2.6*	0.4*	0.4*	0.7*
Touch football	4.3	2.5*	6.4	1.1	0.6*	1.7
Triathlon	0.3**	0.0**	0.3**	0.1**	0.0**	0.1**
Volleyball	2.2*	0.0**	2.2*	0.6*	0.0**	0.6*
Walking (bush)	5.4	37.7	40.6	1.4	9.8	10.5
Walking (other)	8.2	159.7	162.2	2.1	41.4	42.1
Water polo	0.2**	0.4**	0.6**	0.1**	0.1**	0.1**
Waterskiing/powerboating	0.5**	3.3*	3.8*	0.1**	0.9*	1.0*
Weight training	5.3	7.4	12.3	1.4	1.9	3.2
Yoga	4.5	5.0	8.9	1.2	1.3	2.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use