

## Access ACE Online now!

**Step 1:** Visit the website: <https://aceonline.ausport.gov.au>

**Step 2:** Select the register link on the home page and complete all the fields indicated, including your email address.

**Step 3:** Log into your personal account, enter your user ID and password and start exploring all the benefits of ACE Online.

**Step 4:** Logout by using the button on the top right-hand corner of the screen when you have finished using ACE Online.

Record your details here:

Username:

Password:

For more information on the National Athlete Career and Education network, visit [ausport.gov.au/ace](http://ausport.gov.au/ace)



*I use ACE Online a lot as it has great information to help me balance my love of playing netball with my school work. Being from Alice Springs I find ACE Online really useful to support me in between visits from my ACE adviser — that way I have access to ACE 24/7!*

**Caley Pannel**  
NTIS Netballer



Australian Government  
Australian Sports Commission

# ACE

ATHLETE CAREER AND EDUCATION  
ENHANCING YOUR SPORTING LIFE

Achieve a balanced and integrated approach to sporting excellence with ACE Online

<https://aceonline.ausport.gov.au>

## ACE Online helps you achieve your goals in sport and life!








As a scholarship holder with a state or territory institute of sport, or a national team/squad member (junior, senior, youth and development teams) you are eligible to access ACE Online for free!

ACE online is an interactive website that helps you explore career, education and personal development needs during and after your sporting career.

This resource has been developed by the National Athlete Career and Education network to support you in achieving a balanced and integrated approach to sporting excellence, regardless of where you are located. That means you can access ACE Online from the comfort of your own home or on the go!

## What is ACE Online?

ACE Online is an interactive website that provides you with an opportunity to reflect and learn about yourself on many different levels. The website assists you to achieve a balanced approach to your sporting career that is integrated with other aspects of your life such as work, study and social activities. The best part is you can access it from anywhere in the world. ACE Online contains seven key areas to support you in your career, education and life goals, including:

-  My life
-  My transition
-  My image
-  My work
-  My time
-  My study
-  My money

## All at the click of a button

Take a look now and see how ACE Online can benefit you and your sporting career:

- > Fact sheets on résumé writing, managing priorities, goal setting, and many more
- > Resources on how to create a good first impression, how to get yourself ready for employment and how to prepare for a job interview
- > Videos from elite athletes speaking on transition through sport and life
- > Quick links to access external websites, including employment and education opportunities
- > Tips on public speaking, media and financial planning.

There is a lot to see on ACE Online and the more you use the site the more value you will get out of it!



*I am a strong believer in having a balanced life and hence I have made an effort to not only strive for excellence on the sporting field but within the academic arena as well. Supporting me in my endeavours outside the sporting domain has been the ACE program, which I have been a part of for the past ten years.*

*The opportunities provided by ACE have resulted in me developing skills such as marketing myself, public speaking and even cupcake decorating! The recent addition of ACE Online expands on the current toolkit provided to athletes by the ACE programs and as such adds value to any athlete seeking to effectively manage their career, education or personal development.*

**Hannah Macdougall**  
Dual Paralympian swimmer