



Australian Government
Australian Sports Commission

ACE

ATHLETE CAREER AND EDUCATION ENHANCING YOUR SPORTING LIFE



I started working with the ACE program when I was on a scholarship with the Tasmanian Institute of Sport. ACE has helped me in many ways, from getting CVs organised to helping with sponsorship proposals. I know from dealing with athletes as a coach that the program is very helpful, especially with the athletes who are at the age of finishing school, job hunting or dealing with university issues

Darren Balmforth, former Olympic rower and coach



I know what I want to do and I'm definitely going to manage to get there with the things that I have learnt through the ACE program. ACE helps you to develop so many different skills other than your sporting skills. I'm definitely excited about my future and I can't wait to get going!

Candice Liddy, hockey

ausport.gov.au/ace

TAILORED ASSISTANCE

Each elite athlete's situation is unique. Athletes differ in sporting goals, age, family situation, education, career aspirations, location and personality. This is why the ACE program is designed with a flexible structure for elite athletes from all over Australia (including those travelling overseas) so they can make the most of career, education and personal development opportunities.

ACE advisers know that the amount (and kind) of assistance required is different in every athlete's case, so we work to tailor a program to suit you. Whether you are looking for long-term assistance with balancing your life, exploring career options or just need your résumé checked, ACE has something for you.

Additionally, ACEonline is available anywhere with internet access, to help you identify your career interests and skills, provide information on career and lifestyle issues, and help develop your résumé.

Some of the things ACE can assist you with are:

- **career counselling and planning:** exploring different career pathways and goals
- **personal development training courses:** training in public speaking, media, time management, financial planning and interview skills
- **educational guidance:** assisting with university study options and liaison, vocational training and school
- **employment preparation:** writing résumés and applications, and assisting with job searching skills
- **career referral networks:** using ACE's wide network to assist with work experience
- **transitional support:** assisting with retirement, injury and relocation, and setting goals for life after sport
- **online services:** using ACEonline to assist athletes in rural or remote areas and those travelling overseas
- **referrals:** referring athletes to other services (for example, psychologists, relationship counselling and financial advisers)
- **lifestyle management:** helping to manage the balance between sporting and non-sporting pursuits.