



Australian Government

Australian Sports Commission

Active After-school Communities

Helping kids and communities get active

healthy word find

These are some fruit and vegetables that people enjoy eating:

- | | | | | |
|---------|-----------|-----------|------------|---------|
| pumpkin | mushroom | broccoli | tomato | apple |
| pear | rockmelon | raspberry | kiwi fruit | lettuce |
| celery | leek | asparagus | capsicum | mango |

Find these fruit and vegetables in the word find. Circle each fruit or vegetable with a different colour.

l e t t u c e m a n g o a
e g f i s b i n t z r o s
e o k u v t h l e x i c s j p
k o m u s h r o o m i n g i a
s h o b r o c c o l i c i n r
u s o f t p u m p k i n j w a
r r c h e r t o m a t o n g g
k i w i f r u i t o g n n i u
i t g a r o c k m e l o n m s
n r u n n i c e l e r y l v i
p r e e c l i m b i n g n f d
e o g a c a p s i c u m t i
a o k i t e f l y i n g v q n
r a s p b e r r y j o a p p l e

Which of these fruit and vegetables would you like to try?

_____	_____
_____	_____
_____	_____

