

## HIGH PERFORMANCE ROWING SCHOLARSHIPS 2011/12

### INTRODUCTION:

The National Elite Sports Council (NESC) has moved towards a structure of standardised classifications for high performance athlete scholarships, and corresponding training environments.

The National Rowing Centre of Excellence (NRCE) continues to be supportive of this approach and has worked with all Sports Institutes and Academies across Australia (AIS/SIS/SAS) and has implemented a High Performance Rowing Scholarship framework in 2010/11. This included the alignment of the High Performance development program to the broad criteria. The implementation of the National High Performance Rowing Scholarship in 2010/11 worked very well, and also identified a small number of areas that required further refinement that is reflected in the criteria for 2011/12.

This information document outlines the agreed minimum performance criteria established for the respective scholarship Tiers for which athletes will be considered, together with the process and timings.

### CRITERIA:

- The table following outlines the minimum performance criteria expected to be met in order for athletes to be considered for the respective scholarships, in each respective Tier.
- The NRCE and each Sports Institute or Academy may choose to apply additional criteria over and above the minimum performance criteria, which may include annual performance improvement, other physical parameters, technical ability, psychological, cultural and behavioural history and expectations.
- In special cases athlete's individual circumstances may prevent them from achieving the minimum performance criteria. These athlete's special circumstances can be taken into consideration.
- To be considered, athletes are expected to be nominating for Australian representation within the scholarship period, or providing appropriate reasons if not.



Tiers	Team / Age	Minimum Performance Criteria
Tier 1 World Class Athlete	Senior A	- Current Olympic Games , Paralympic Games or Senior A World Championship top 4 in crew boat or top 8 in single scull in previous two years (Olympic or Paralympic boat classes).
		- Returning Olympic Champion, Paralympic Champion, or Senior A World Champion (Olympic/Paralympic boat classes) in previous two years.
		- Special circumstances (refer below for details)
Tier 2 International Class Athlete	Senior A	- Current Olympic or Paralympic boat class Senior A team member
		- Current Non-Olympic boat class World Champion in crew boat or top 4 in single scull.
		- Returning Olympic, Paralympic, or World Championship top 4 in crew boat or top 8 in single scull in last two years (Olympic or Paralympic boat classes).
		- Plus achieving Orange level for 30min fixed rate and 2km tests in NRCE Power Profile ergometer monitoring for June-July.
		- Returning World Champion in non-Olympic crew boat in the last two years
		- Plus achieving Orange level for 30min fixed rate and 2km tests in NRCE Power Profile ergometer testing June-July.
Tier 3 Developing International Athlete	Senior A	- Current Non-Olympic boat class Senior A team.
	18 – 22 years old	- Current Under 23 World Championship top 4 in crew boat or top 8 in single scull
		- Current Junior World Championship top 4 in crew boat or top 8 in single scull who is in their final year of Junior age
		- Plus achieving 1 Yellow and 1 Light Green for 30min fixed rate and 2km in NRCE Power Profile ergometer testing for your age during the same ergometer testing battery.
		- Athlete completing all HP Development Monthly Monitoring and demonstrating improvement.
19 years old or above	- Athlete achieving 1 Dark Green plus at minimum 1 Yellow for 30min fixed rate and 2km tests in NRCE Power Profile ergometer testing or better for your age during the same ergometer testing battery.	
	- Athlete achieving 2 Light Green or better for 30min fixed rate and 2km in NRCE Power Profile ergometer testing for your age during the same ergometer testing battery.	
	- Special circumstances (refer below for details)	
Tier 4 Potential International Athlete  HP Talent Development	17 years and older	Existing HP Talent Development Scholar –
		- To apply must be completing the HP Talent Development monthly monitoring tests and data, and demonstrating on-going improvement.
		- Achieving a minimum 1 Light Green and 1 Yellow for 30min fixed rate and 2km tests in NRCE Power Profile ergometer testing for your age during the same ergometer testing battery.
		- Additionally athlete needs to be demonstrating improvement in performance between NRCE Power Profile tests.
		Entry level minimum –
- Athlete must be already completing the HP Talent Development monthly monitoring.		
- Talent Identification Testing Selection Standards achieving Dark Green on all 4 TID test measures.		
- Achieving a minimum of Yellow scores in NRCE ergometer monitoring for your age during same ergometer test battery for 30min fixed rate and 2km tests, plus showing improvement.		
- Special circumstances (refer below for details)		



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Level	Team / Age	Minimum Performance Criteria
Tier 5  Talent Identification	16 years and older	Entry level minimum –
		<ul style="list-style-type: none"> <li>- Talent Identification Testing Selection Standards achieving Dark Green on all 4 test measures.</li> <li>- Special circumstances (refer below for details)</li> </ul>
Coxswains	All Ages	<ul style="list-style-type: none"> <li>- Must be nominating for selection in the current season.</li> <li>- Must have the approval of the gender specific National Head Coach, and SIS/SAS Head Coach.</li> <li>- Scholarship Tier to be agreed by gender specific National Head Coach, and SIS/SAS Head Coach.</li> </ul>
Special Circumstances	For Tiers 1 – 3	<ul style="list-style-type: none"> <li>- Athlete has done something significant in international rowing, or has the potential to do something significant in international rowing.</li> <li>- Be nominating for selection in the current season.</li> <li>- Have the approval of SIS/SAS head coach and gender specific national Head Coach.</li> <li>- Scholarship Tier to be agreed by gender specific National Head Coach, and SIS/SAS Head Coach.</li> </ul>
	For Tiers 4 and 5	<ul style="list-style-type: none"> <li>- Have exceptional testing results in some of the NRCE Power Profile ergometer testing or TID testing.</li> <li>- Must have the approval of the NRCE HP Development Manager, NRCE TID Manager, and State HP Development Coordinator.</li> </ul>

**TIMING:**

Date	Item
12 August 11	Closing date for all Rowing Scholarship applications
17 August 11	Draft proposed scholarships collated and sent to NRCE from SIS/SAS/SSOs
19 August 11	Applications discussed and proposed draft scholarships signed off by NRCE
16 September 11	Final Scholarships signed off by NRCE and State JMCs and other applicable authorities
19 September 11	All Scholarships announced
3 October 11	2011/11 scholarships commence



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**KEY CONTACTS:**

Area	Contact	Contact Details
National and AIS - Men	Noel Donaldson	<a href="mailto:noel.donaldson@ausport.gov.au">noel.donaldson@ausport.gov.au</a> (0418) 357750
National and AIS - Women	Lyll McCarthy	<a href="mailto:Lyll.McCarthy@ausport.gov.au">Lyll.McCarthy@ausport.gov.au</a> 0418 333 348
National and AIS - Adaptive	Chad King	Chad.King@rowing.ausportnet.com (04) 2458-8260
National High Performance Development Program	Peter Shakespear	<a href="mailto:pshakespear@rowingaustralia.com.au">pshakespear@rowingaustralia.com.au</a> 0488 747 796
National Talent Identification	Wayne Diplock	<a href="mailto:Wayne.Diplock@ausport.gov.au">Wayne.Diplock@ausport.gov.au</a> 0414 559 151
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WAIS/Western Australia	Lincoln Handley	<a href="mailto:lhandley@wais.org.au">lhandley@wais.org.au</a> 0413 333 069

**ADDITIONAL NOTES:**

1. Refer to the Rowing Australia website [www.rowingaustralia.com.au](http://www.rowingaustralia.com.au) for the National Team Selection Policy, relevant Event Requirements, High Performance Development and Talent Identification programs.
2. Notwithstanding, the number of scholarships and the numbers in scholarship tiers offered are determined by each individual Institute and Academy and are generally of a fixed number. Priority will be determined on athletes' current performance level, or perceived future potential.
3. Institutes and Academies are entitled to nominate additional athlete scholarships outside the annual timeframes stipulated as circumstances arise.



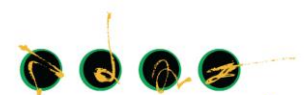
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4. Refer to the follow websites for relevant information relating to specific scholarship programs:

- a. AIS: [www.ausport.gov.au/ais/sports/rowing/scholarships](http://www.ausport.gov.au/ais/sports/rowing/scholarships)
- b. ACTAS: [www.tams.act.gov.au/play/sport\\_and\\_recreation/actas](http://www.tams.act.gov.au/play/sport_and_recreation/actas)
- c. QAS: [www.qasport.qld.gov.au/](http://www.qasport.qld.gov.au/)
- d. NSWIS: [www.nswis.com.au/](http://www.nswis.com.au/)
- e. SASI: [www.recsport.sa.gov.au/sasi/about-sas](http://www.recsport.sa.gov.au/sasi/about-sas)
- f. TIS: [www.tis.tas.gov.au/](http://www.tis.tas.gov.au/)
- g. VIS: [www.vis.org.au/](http://www.vis.org.au/)
- h. WAIS: [www.wais.org.au/](http://www.wais.org.au/)



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