



healthy investigation

Below are some facts about three dishes from around the world. Go to your library or ask your parents to help you learn about these foods from other countries.

Sushi

What country is this dish from?

What meal of the day would you eat this dish?

Do you eat this dish hot or cold?

What are the main ingredients for this dish?



Tabouli

What country is this dish from?

What meal of the day would you eat this dish?

Do you eat this dish hot or cold?

What are the main ingredients for this dish?



Moussaka

What country is this dish from?

What meal of the day would you eat this dish?

Do you eat this dish hot or cold?

What are the main ingredients for this dish?

