



IN THIS EDITION

- 2 A message from the AIS Director
- 4 Paralympic Games results
- 5 World championship results
- 5 World Cup results
- 6 Other international results

OLYMPIC GAMES RESULTS

Australia won 46 medals at the Beijing 2008 Olympic Games — 14 gold, 15 silver and 17 bronze.

Current and former AIS athletes made up 60 per cent of the 435-strong Australian team at the Games. To see a full list of AIS athletes selected in the Australian Olympic team, go to:

ausport.gov.au/information/finding_sport_information/topic/olympic_games/

Current and former AIS athletes brought home 102 individual and team medals from the Beijing Olympics — 16 gold, 26 silver and 60 bronze. AIS and former AIS scholarship holders who won medals were:

Gold medals

Canoe/Kayak (Flatwater)

Ken Wallace (AIS/QAS) — men's K1 500-metre

Diving

Matthew Mitcham (former AIS/NSWIS) — men's 10-metre platform

Rowing

Duncan Free (former AIS/QAS) and Drew Ginn (former AIS/VIS) — men's pair
Scott Brennan (former AIS/TIS) and David Crawshaw (former AIS/VIS) — men's double sculls

Sailing

Malcolm Page (AIS/NSWIS) and Nathan Wilmot (AIS/NSWIS) — men's 470
Tessa Parkinson (AIS/WAIS) and Elise Rechichi (AIS/WAIS) — women's 470

Swimming

Linda MacKenzie (AIS) — women's 4 x 200-metre freestyle relay (world record)
Felicity Galvez (AIS) — women's 4 x 200-metre freestyle relay (heat)
Felicity Galvez (AIS) — women's 4 x 100-metre medley relay (heat)
Angie Bainbridge (AIS) — women's 4 x 200-metre freestyle relay (heat)
Tarnee White (AIS) — women's 4 x 100-metre medley relay (heat)

Triathlon

Emma Snowsill (former AIS)



Emma Snowsill and Emma Moffatt took home Olympic gold and bronze medals in triathlon

Continued from page 1

Silver medals

Athletics

Jared Tallent (AIS) — 50-kilometre walk

Basketball

Suzy Batkovic, Rohanee Cox, Hollie Grima, Kristi Harrower, Lauren Jackson, Erin Phillips, Emma Randall, Jenni Screen, Belinda Snell, Laura Summerton and Penny Taylor, (all former AIS) — women’s team



Melissa Wu and Briony Cole won silver in the synchronised 10m platform

Canoe/Kayak (Slalom)

Jacqueline Lawrence (AIS/NSWIS) — women’s K1

Cycling (Track)

Anna Meares (AIS/QAS) — women’s sprint

Diving

Briony Cole (AIS/VIS) and Melissa Wu (AIS) — women’s synchronised 10-metre platform

Rowing

Francis Hegerty (AIS), Cameron McKenzie-McHarg (former AIS/VIS), James Marburg (AIS/VIS) and Matthew Ryan (AIS) — men’s four

Sailing

Glenn Ashby (AIS/VIS) and Darren Bundock (AIS/NSWIS) — men’s tornado

Swimming

Brenton Rickard (AIS) — men’s 200-metre breaststroke

Brenton Rickard (AIS) — men’s 4 x 100-metre medley relay

Ashley Delaney (AIS) — men’s 4 x 100-metre medley relay (heat)

Adam Pine (AIS) — men’s 4 x 100-metre medley relay (heat)



Jared Tallent walked into history with a silver and bronze medal in Beijing

A MESSAGE FROM THE AIS DIRECTOR

Competition for the Olympic and Paralympic Games is over for another four years. The performance of AIS athletes in Beijing was phenomenal, with our Olympic athletes winning a total of 102 medals and our Paralympic athletes winning 79 medals.

There were some great performances by many of our Olympic athletes, such as AIS swimmer Brenton Rickard, who stormed home to take out the silver medal in the men’s 200-metre breaststroke; Jared Tallent, who walked straight into the history books by becoming the first male track and field athlete since 1906 to win two medals at one Olympic Games; and pint-sized Melissa Wu, who paired up with Briony Cole to secure the silver medal in the synchronised diving 10-metre platform.

Our Paralympic athletes were outstanding, with performances that made Australia stand proud. Matthew Cowdrey brought home five gold medals and was named Paralympian of the Year and Male Athlete of the Year at this year’s Paralympian of the Year Awards. AIS Athletes with Disabilities (AWD) athletics coach,

Iryna Dvoskina, was honoured with Coach of the Year after her team of five athletes won a total of 13 medals in Beijing.

More results from the Beijing 2008 Olympic Games feature inside this edition of *Alumni News*.

I would like to take this opportunity to congratulate all the athletes, coaches and support teams who worked together to produce such amazing results at the Beijing Olympic and Paralympic Games. You represented Australia and the AIS with pride, and I commend you all on a job well done.

Let the countdown for London 2012 begin!



Professor Peter Fricker OAM
 Director
 Australian Institute of Sport

Bronze medals

Athletics

Jared Tallent (AIS) — 20-kilometre walk

Canoe/Kayak (Flatwater)

Ken Wallace (AIS/QAS) — men's K1 1000-metre

Hannah Davis (AIS/SASI), Lyndsie Fogarty (AIS/QAS), Chantal Meek (AIS/NSWIS) and Lisa Oldenhof (AIS/WAIS) — women's K4 500-metre

Canoe/Kayak (Slalom)

Robin Bell (AIS/WAIS) — men's C1

Hockey

Des Abbott (AIS/NTIS), Travis Brooks (AIS/VIS), Kiel Brown (AIS/WAIS), Liam De Young (AIS/QAS), Luke Doerner (AIS/VIS), Jamie Dwyer (AIS/QAS), Bevan George (AIS/WAIS), David Guest (AIS/TIS), Rob Hammond (AIS/QAS), Fergus Kavanagh (AIS/WAIS), Mark Knowles (AIS/QAS), Stephen Lambert (AIS/QAS), Eli Matheson (AIS/NSWIS), Stephen Mowlam (AIS/VIS), Eddie Ockenden (AIS/TIS), Grant Schubert (AIS/SASI), Andrew Smith (AIS/VIS) and Matthew Wells (AIS/TIS) — men's team

Softball

Jodie Bowering (AIS/QAS), Kylie Cronk (AIS/QAS), Kelly Hardie (AIS/QAS), Tanya Harding (AIS), Sandra Lewis (AIS/QAS), Simone Morrow (AIS/NSWIS), Tracey Mosley (AIS), Stacey Porter (AIS/NSWIS), Melanie Roche (AIS), Justine Smethurst (AIS/VIS), Danielle Stewart (AIS),



The Australian water polo team secured Olympic bronze

Natalie Titcumbe (AIS/VIS), Natalie Ward (AIS/NSWIS), Belinda Wright (AIS/NSWIS) and Kerry Wyborn (AIS/NSWIS) — women's team

Swimming

Alice Mills (AIS) — women's 4 x 100-metre freestyle relay

Patrick Murphy (AIS) — men's 4 x 100-metre freestyle relay (heat)

Patrick Murphy (AIS) — men's 4 x 200-metre freestyle relay

Nick Ffrost (AIS) — men's 4 x 200-metre freestyle relay

Grant Brits (former AIS/NSWIS) — men's 4 x 200-metre freestyle relay

Kirk Palmer (AIS) — men's 4 x 200-metre freestyle relay (heat)

Triathlon

Emma Moffatt (AIS/QAS)

Water Polo

Gemma Beadsworth (AIS/WAIS), Nikita Cuffe (AIS/NSWIS), Suzie Fraser (AIS/QAS), Taniele Gofers (AIS/NSWIS), Kate Gynther (AIS/QAS), Amy Hetzel (AIS/QAS), Bronwen Knox (AIS/QAS), Emma Knox (AIS/WAIS), Alicia McCormack (AIS/NSWIS), Melissa Rippon (AIS/QAS), Rebecca Rippon (AIS/NSWIS), Jenna Santoromito (AIS/NSWIS), and Mia Santoromito (AIS/NSWIS) — women's team



The Kookaburras won the men's hockey bronze medal in Beijing

PARALYMPIC GAMES RESULTS

Australia won 79 medals at the Beijing 2008 Paralympic Games — 23 gold, 29 silver and 27 bronze.

There were 45 current and former AIS athletes in the Australian team of 170 athletes. They competed in athletics, cycling, judo, powerlifting, shooting and swimming.

To see a full list of AIS athletes selected in the Australian Paralympic team, go to:

ausport.gov.au/information/finding_sport_information/topic/paralympic_games/

For information on classification, go to the International Paralympic Committee website:

paralympic.org/release/Main_Sections_Menu/index.html

AIS and former AIS scholarship holders who won medals were:

Gold medals

Athletics

Lisa McIntosh (former AIS/VIS) — women's 100 metres (T37)

Lisa McIntosh (former AIS/VIS) — women's 200 metres (T37)

Evan O'Hanlon (AIS) — men's 100 metres (T38)

Evan O'Hanlon (AIS) — men's 200 metres (T38)

Heath Francis (AIS) — men's 100 metres (T46)

Heath Francis (AIS) — men's 200 metres (T46)

Heath Francis (AIS) — men's 400 metres (T46)

Christine Wolf (AIS) — long jump (F42)

Chris Mullins (VIS), Evan O'Hanlon (AIS), Tim Sullivan (VIS), Darren Thrupp (former AIS/QAS) — men's 4 x 100-metre relay (T35-38)

Cycling

Kieran Modra (SASI/former AIS) and Tyson Lawrence — men's individual pursuit (Blind and Visually Impaired)

Swimming

Peter Leek (AIS/NSWIS) — men's 200-metre individual medley (SM8)

Peter Leek (AIS/NSWIS) — men's 100-metre butterfly (S8)



Heath Francis made it a triple at the Paralympics

Matthew Cowdrey (AIS/SASI) — men's 100-metre backstroke (S9)

Matthew Cowdrey (AIS/SASI) — men's 200-metre individual medley (SM9)

Matthew Cowdrey (AIS/SASI) — men's 100-metre freestyle (S9)

Matthew Cowdrey (AIS/SASI) — men's 50-metre freestyle (S9)

Rick Pendleton (AIS/NSWIS) — men's 200-metre individual medley (SM10)

Peter Leek (AIS/NSWIS), Ben Austin (AIS/NSWIS), Rick Pendleton (AIS/NSWIS) and Matthew Cowdrey (AIS/SASI) — men's 4 x 100-metre medley relay (34 points)

Silver medals

Athletics

Aaron Chatman (AIS) — men's high jump (F44/46)

Brad Scott (AIS) — men's 800 metres (T37)

Amanda Fraser (AIS) — women's discus (F37/F38)

Paul Raison (QAS/AIS) — men's shot-put (F44)

Angie Ballard (former AIS/NSWIS), Christie Dawes (NSWIS), Madison DeRozario,

Jemima Moore — women's 4 x 100-metre relay (T53/54)

Swimming

Marayke Jonkers (former AIS) — women's 150-metre individual medley (SM4)

Michael Anderson (AIS/QAS) — men's 100-metre backstroke (S10)

Sarah Bowen (former AIS/VIS) — women's 100-metre breaststroke (SB6)

Peter Leek (AIS/NSWIS) — men's 100-metre backstroke (S8)

Peter Leek (AIS/NSWIS) — men's 400-metre freestyle (S8)

Peter Leek (AIS/NSWIS) — men's 50-metre freestyle (S8)

Peter Leek (AIS/NSWIS), Ben Austin (AIS/NSWIS), Sam Bramham (AIS/VIS) and Matthew Cowdrey (AIS/SASI) — men's 4 x 100-metre freestyle relay (34 points)

Ellie Cole (AIS/VIS) — women's 100-metre butterfly (S9)

Matthew Cowdrey (AIS/SASI) — men's 400-metre freestyle (S9)

Matthew Cowdrey (AIS/SASI) — men's 100-metre butterfly (S9)

Bronze medals

Athletics

Christine Wolf (AIS) — women's 100 metres (T42)

Jodi Willis-Roberts (former AIS/VIS) — women's shot-put (F12/13)

Aaron Chatman (AIS), Heath Francis (AIS), Paul Raison, Steven Wilson (former AIS/QAS) — men's 4 x 100-metre relay (T42-46)

Cycling

Kieran Modra (SASI/former AIS) and Tyson Lawrence — men's 1000-metre time trial (Blind and Visually Impaired)

Swimming

Jay Dohnt (AIS/SASI) — men's 400-metre freestyle (S7)

Jacqui Freney (AIS/NSWIS) — women's 400-metre freestyle (S8)

Jacqui Freney (AIS/NSWIS) — women's 100-metre freestyle (S8)

Jacqui Freney (AIS/NSWIS) — women's 50-metre freestyle (S8)

Peter Leek (AIS/NSWIS) — men's 100-metre freestyle (S8)

Annabelle Williams (QAS/former AIS) — women's 100-metre butterfly (S9)

Ellie Cole (AIS/VIS) — women's 100-metre backstroke (S9)

Ellie Cole (AIS/VIS) — women's 400-metre freestyle (S9)

Katrina Lewis (former AIS/ACTAS) — women's 50-metre freestyle (S10)



Matthew Cowdrey collected his fifth gold medal in Beijing

WORLD CHAMPIONSHIP RESULTS

Archery

The Australian team consisting of Ryan Tyack, Ricci Cheah and Taylor Worth, all current AIS scholarship holders, won the junior men's recurve event at the 2008 World Youth Archery Championships in Turkey in October, defeating the Ukraine 210–207 in the final.

Taylor Worth placed seventh in the junior boys' individual competition and Jane Waller fifth in the junior girls' individual.

Athletics

At the 12th IAAF Junior World Championships in Poland in July, AIS trial athlete Angeline Blackburn won a bronze medal in the women's 4 x 400-metre relay. She finished sixth in the 400-metres final. AIS athlete Kurt Mulcahy was fourth in the men's 400-metres final.

Cycling (Road)

AIS rider Cameron Meyer won the bronze medal in the under-23 men's individual time trial at the Road Cycling World Championships in Varese, Italy, in September.

Triathlon

AIS women triathletes narrowly missed out on the medals at the 2008 ITU World Triathlon Championships in Vancouver, Canada, in June. Erin Densham, Emma Moffatt and Felicity Abram finished fourth, fifth and sixth, respectively.

Simon Thompson (AIS) was best of the Australian men, finishing twelfth.

WORLD CUP RESULTS

Canoe (Slalom)

Robin Bell became World Cup champion when he won the men's C1 at the third World Cup event in Augsburg, Germany, in July. He had previously won the silver medal in the opening round in Prague, Czech Republic, in June. Katrina Lawrence won the women's K1 at Augsburg.

Rowing

The all-AIS men's and women's eights both won gold medals at the Munich World Cup in May.

Triathlon

Former AIS athlete Emma Snowsill won the elite women's World Cup in Des Moines,

United States, while Emma Moffatt (AIS/QAS) finished second.

AIS athlete Felicity Abram finished second in the ITU World Cup leg in Richards Bay, South Africa, in May. Felicity donated her prize money to charity when she saw the poor conditions in which many of the families live.

OTHER INTERNATIONAL RESULTS

Athletics

AIS walker Jared Tallent won the 2008 IAAF Race Walking Challenge.

Australia won the bronze medal in the men's 20-kilometre team competition at the IAAF World Race Walking Cup in Cheboksary, Russia, in May. The team members were Luke Adams (AIS), Jared Tallent (AIS), Adam Rutter (AIS) and Chris Erickson. Adams and Erickson recorded personal-best times.

Basketball

Former AIS Men's Basketball scholarship holder Nathan Jawai was drafted by National Basketball Association team the Toronto Raptors.

Beach Volleyball

Andrew Schacht (AIS/SASI) and Joshua Slack (AIS/SASI) defeated Harley Marques and Pedro Salgado of Brazil to win the bronze medal at the 2008 FIVB World Tour event in Stare Jablonki, Poland.



Nathan Jawai made the draft for the Toronto Raptors

Cycling (Road)

Cameron Meyer (AIS/WAIS) won the general classification in the Tour of Japan in May. The SouthAustralia.com-AIS team won the teams classification.

Diving

AIS athletes achieved some excellent results in the 14th FINA Diving Grand Prix series. The following athletes won medals in the events listed.

Montreal, Canada

Melissa Wu (AIS) — women's platform (gold medal)

Briony Cole (AIS/VIS) and Sharleen Stratton (AIS) — women's three-metre synchronised (silver medal)

Scott Robertson (AIS) and Robert Newbery (AIS) — men's three-metre synchronised (silver medal)

Melissa Wu and Briony Cole — women's platform synchronised (silver medal)

Mathew Helm (AIS) — men's platform (bronze medal)

Mathew Helm and Robert Newbery — men's platform synchronised (bronze medal)

Fort Lauderdale, United States

Mathew Helm and Robert Newbery — men's platform synchronised (gold medal)

Matthew Mitcham (former AIS/NSWIS) — men's platform (gold medal)

Mathew Helm — men's platform (silver medal)

Melissa Wu and Briony Cole — women's platform synchronised (silver medal)

Briony Cole and Sharleen Stratton — women's three-metre synchronised (bronze medal)

Rostock, Germany

Melissa Wu — women's platform (silver medal)

Matthew Mitcham — men's platform (silver medal)

Sharleen Stratton — women's three-metre springboard (bronze medal)

Scott Robertson and Robert Newbery — men's three-metre synchronised (bronze medal)

Briony Cole and Sharleen Stratton — women's three-metre synchronised (bronze medal)



Melissa Wu won gold at the FINA Diving Grand Prix in Canada

Hockey (Men)

Australia defeated Spain 4–1 to win the 2008 Champions Trophy in Rotterdam, Netherlands, in June. All the team members — Des Abbott, Travis Brooks, Kiel Brown, Nathan Burgers, Liam De Young, Luke Doerner, Jamie Dwyer, Bevan George, David Guest, Robert Hammond, Fergus Kavanagh, Mark Knowles, Stephen Lambert, Eli Matheson, Eddie Ockenden, Grant Schubert, Andrew Smith and Matthew Wells — were AIS or former AIS scholarship holders.

The team was coached by national and AIS Head Coach Barry Dancer and the assistant coach was Colin Batch.

Hockey (Women)

Australia defeated Japan 3–0 in the playoff for fifth and sixth at the Champions Trophy.

Netball

Australia defeated New Zealand 74–35 and 71–37 in a two-test series between their 21-and-under teams played in Christchurch, New Zealand, in September. There were eight current and one former AIS scholarship holders in the 14-player team.

Sailing

At the 470 European Championships in Riva del Garda, Italy, in June, Nathan Wilmot (AIS/NSWIS) and Malcolm Page (AIS/NSWIS) won the 470 Men and Elise Rechichi (AIS/WAIS) and Tessa Parkinson (AIS/WAIS) finished third in the 470 Women.

Tom Slingsby (AIS/NSWIS) won the laser regatta at Kiel Week in Germany in June and also the European Championships in Belgium in July.

Softball

Australia finished second to Japan at the Canada Cup in July. All team members were AIS or former AIS scholarship holders.

Triathlon

Gareth Halverson (AIS) won the 2008 Balatonfured ITU European Cup in June.

Volleyball

Australia won three matches and lost four to finish fifth at the FIVB Olympic

Qualification Tournament in Japan in June. All team members were current or former AIS scholarship holders.

Australia defeated Thailand to finish fifth in the first Asian Cup tournament. All team members were current or former AIS scholarship holders.

Water Polo

Australia beat Canada 7–6 to claim the bronze medal at the women's World League Finals in Tenerife, Spain in June.

COACHING CHANGES

- Steve O'Connor, Head Coach of the AIS Men's Football program since 1996, has resigned to take up a coaching role with A-League club Sydney FC.

AIS Director, Professor Peter Fricker, said O'Connor had proven himself to be a coach of the highest quality. 'For over a decade Steve has played a leading role in the training and development of Australia's finest young football talent. I think a large part of the success we saw at the last World Cup was a result of Steve's development of national team players.'

His replacement as AIS and National Under-20 Men's Football Head Coach is Jan Versleijen. Jan has coached the Netherlands Under-17 and Under-23 teams and held head coach positions with Premier League clubs in Japan, Holland, Korea and the United Arab Emirates.

- Barry Dancer announced before the Beijing Olympic Games that he would be bowing out after seven years as national and AIS Head Coach of Men's Hockey. He led Australia to its first-ever Olympic gold medal in men's hockey at the Athens 2004 Olympic Games. Former national and AIS Women's

Hockey Head Coach Ric Charlesworth has been appointed as his replacement. Charlesworth coached the Hockeyroos to two Olympic gold medals, as well as two World Cup and four Champions Trophy victories.

- National and AIS Senior Track Cycling Coach Martin Barras, a former AIS Coach of the Year, has moved from coaching into a high performance management role.

The AIS Alumni Association would like to thank departing coaches for their commitment to their athletes and wishes them every success in the future.

WHERE ARE THEY NOW?

Thanks to those of you who have sent an update of your profile. It is very interesting to us and to your fellow athletes to hear where life has taken you since you left the AIS.

Monique Bowley (Basketball) lives in Adelaide and is a radio producer and freelance journalist. She is also a competitive baker and won the blue ribbon for her Anzac biscuits at the Royal Adelaide Show.

Sue Bolt (Miller) (Gymnastics 1982–85), a newly registered Alumni member, has worked at Epping (NSW) YMCA as a gymnastics coach for the last six years

and is also an accredited personal trainer. Sue has two young children and says life is good.

Nic Mortimer (Volleyball 1995–2000) is currently working in the community services sector with young people who are homeless or at risk of homelessness. He has also worked in East Timor assisting refugee reintegration through sport and, through the Australian Youth Ambassadors for Development program, as National Development Coordinator for Cricket in Indonesia.

Natasha Ruckwardt (O'Brien) (Basketball 1993–94) played basketball at the

University of Oregon from 1996 to 1999 and is now on the Oregon coaching staff.

Catherine Frank (Gymnastics 1983), another new registrant, studied teaching and graphic design. She lived in London for a time and now lives in Western Sydney with her three-year-old daughter. She has been working as a graphic designer at a major newspaper for many years.

If you would like to tell us where life has taken you since leaving the AIS, then visit the AIS Alumni website (ausport.gov.au/ais/about/ais_alumni) and select 'Registration' to update your registration, filling in the Alumni update.



Mark Peters, former CEO of the Australian Sports Commission

The Australian Sports Commission is the Australian Government body responsible for developing and funding Australian sport. It was established in 1985 and operates under the *Australian Sports Commission Act 1989*. Its national leadership role is achieved through the following operational areas: Australian Institute of Sport, Sport Performance and Development, Community Sport, Corporate Services, Commercial and Facilities, and Finance. The Australian Sports Commission forms part of the Health and Ageing portfolio.

For general enquiries:

Tel: (02) 6214 1111

Fax: (02) 6251 2680

Email: asc@ausport.gov.au

Website: ausport.gov.au

For a complete listing of Australian Sports Commission publications, visit ausport.gov.au/publications/catalogue/.

© Australian Sports Commission 2008

This work is copyright. Apart from any use as permitted under the *Copyright Act 1968* no part may be reproduced by any process without prior written permission from the Australian Sports Commission. Requests and enquiries concerning reproduction should be addressed to copyright@ausport.gov.au

ISSN 1448-3475

Unless otherwise specified, all images are the property of the Australian Sports Commission.

Produced by Australian Sports Commission Publishing staff

RESIGNATION OF MARK PETERS

Mark Peters resigned as Chief Executive Officer of the Australian Sports Commission at the end of September after eight years in the position. He has taken up a position in Dubai.

AIS RESULTS

To find out the latest AIS news and results, go to ausport.gov.au/media/ais_news

PREVIOUS EDITIONS

Have you missed out on previous copies of *Alumni News*? We may have added you to our database since the last edition was sent out. Visit ausport.gov.au/ais/about/ais_alumni and select 'News' to view previous issues of the newsletter.

ATHLETE DETAILS — PLEASE HELP!

It is important that we have up-to-date contact details for AIS Alumni members.

Please let us know when any of your details change, so that we can stay in contact. It is also helpful for us to have multiple means of contact (for example, postal address, email and telephone).

Just visit the AIS Alumni website (ausport.gov.au/ais/about/ais_alumni/registration) and complete the registration form.

Alternatively, you can send your contact information to:

AIS Alumni
Australian Sports Commission
PO Box 176
BELCONNEN ACT 2616

If you know of any other former AIS athletes and staff please encourage them to add/update their details.