



Australian Government  
Australian Sports Commission

*National Officiating Accreditation Scheme (NOAS)*

**Officiating General Principles**

**Introductory Level**

**Worksheets**



3. You are due to officiate a grand final match this weekend. During the week, you receive a phone call from the president of one of the clubs participating in the grand final. The club president gives some less than subtle hints that if you were to favour his team in the grand final, then there will be some personal benefits to be gained for yourself. What will you do?

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4. List five steps you can take to ensure that you present a professional appearance and demeanour as an official.

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5. List four steps that you can take to prepare yourself physically and mentally to officiate in a competition.

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6. Outline how you would go about reviewing and analysing your performance after a match.

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# Module 3 – People Management

1. Why should officials be aware of their body language when dealing with athletes?

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2. In what practical ways can you 'actively' listen? Give examples of active listening.

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3. How could you modify the rules of your sport, and the way you officiate, for a group of beginner athletes who have an intellectual disability.

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4. List five strategies for dealing with conflict

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