



Australian Government  
 Australian Sports Commission  
 Department of Health and Ageing

# Participation in Exercise, Recreation and Sport



## Annual Report 2008

### State and Territory Tables for Northern Territory



Government of South Australia  
 Office for Recreation and Sport



Department of  
 Sport and Recreation

### 9.3.3 Northern Territory

**Table 49: Northern Territory participants — total participation in physical activity by type of participation, age and sex, 2008 (a)**

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	4.6	3.2	7.0	11.6	10.2	14.8
	25 to 34	1.9*	7.3	5.3	7.2	12.5	14.5
	35 to 44	1.8*	5.9	5.2	7.0	11.1	12.9
	45 to 54	1.4*	5.9	3.6	5.1	9.6	11.0
	55 to 64	0.7*	4.1	2.3	3.0	6.4	7.1
	65 and over	0.7*	2.8	0.9*	1.6*	3.7	4.4
	<b>TOTAL</b>		<b>11.1</b>	<b>29.3</b>	<b>24.3</b>	<b>35.4</b>	<b>53.6</b>
Females	15 to 24	2.5	4.3	6.1	8.6	10.4	12.9
	25 to 34	1.6*	8.8	4.3	5.8	13.0	14.6
	35 to 44	1.3*	7.1	4.8	6.1	12.0	13.2
	45 to 54	0.4**	7.0	3.6	4.0	10.6	11.0
	55 to 64	0.7*	4.6	2.1	2.8	6.7	7.4
	65 and over	0.9*	2.0*	1.1*	2.0*	3.1	3.9
	<b>TOTAL</b>		<b>7.3</b>	<b>33.8</b>	<b>22.1</b>	<b>29.3</b>	<b>55.9</b>
Persons	15 to 24	7.1	7.5	13.1	20.2	20.6	27.7
	25 to 34	3.5	16.1	9.5	13.0	25.6	29.1
	35 to 44	3.0	13.1	10.0	13.1	23.1	26.1
	45 to 54	1.8*	13.0	7.2	9.1	20.2	22.0
	55 to 64	1.4*	8.7	4.4	5.8	13.1	14.5
	65 and over	1.5*	4.7	2.1	3.6	6.8	8.4
	<b>TOTAL</b>		<b>18.4</b>	<b>63.1</b>	<b>46.4</b>	<b>64.8</b>	<b>109.5</b>
Total participation rate (%) (b)							
Males	15 to 24	28.1	19.7	42.6	70.7	62.3	90.4
	25 to 34	11.4*	43.3	31.2	42.6	74.4	85.9
	35 to 44	10.9*	36.1	31.7	42.6	67.8	78.7
	45 to 54	10.0*	41.9	25.7	35.7	67.6	77.6
	55 to 64	7.0*	40.2	22.4	29.4	62.6	69.6
	65 and over	12.3*	49.8	17.0*	29.3*	66.8	79.1
	<b>TOTAL</b>	<b>14.0</b>	<b>36.8</b>	<b>30.5</b>	<b>44.5</b>	<b>67.3</b>	<b>81.3</b>
Females	15 to 24	16.1	27.8	39.8	55.9	67.6	83.7
	25 to 34	9.0*	49.8	24.1	33.1	73.8	82.8
	35 to 44	7.8*	43.9	29.8	37.5	73.7	81.4
	45 to 54	3.0**	50.9	25.8	28.8	76.7	79.7
	55 to 64	7.6*	52.4	24.5	32.2	76.9	84.6
	65 and over	17.8*	40.8*	23.3*	41.1*	64.1	81.9
	<b>TOTAL</b>	<b>9.5</b>	<b>44.1</b>	<b>28.8</b>	<b>38.2</b>	<b>72.8</b>	<b>82.3</b>
Persons	15 to 24	22.2	23.6	41.3	63.5	64.9	87.1
	25 to 34	10.2	46.6	27.5	37.7	74.1	84.3
	35 to 44	9.3	40.0	30.7	40.1	70.7	80.1
	45 to 54	6.6*	46.3	25.7	32.3	72.1	78.6
	55 to 64	7.3*	45.8	23.4	30.7	69.2	76.5
	65 and over	14.8*	45.6	19.9	34.7	65.5	80.4
	<b>TOTAL</b>	<b>11.8</b>	<b>40.3</b>	<b>29.7</b>	<b>41.4</b>	<b>70.0</b>	<b>81.8</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 50: Northern Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	14.8	90.4	12.9	83.7	27.7	87.1
25 to 34	14.5	85.9	14.6	82.8	29.1	84.3
35 to 44	12.9	78.7	13.2	81.4	26.1	80.1
45 to 54	11.0	77.6	11.0	79.7	22.0	78.6
55 to 64	7.1	69.6	7.4	84.6	14.5	76.5
65 and over	4.4	79.1	3.9	81.9	8.4	80.4
<b>REGION</b>						
Capital city	44.0	81.6	43.9	81.5	87.9	81.5
Rest of state	20.7	80.6	19.3	84.2	40.0	82.3
<b>EMPLOYMENT STATUS</b>						
Employed full time	47.5	83.9	34.9	83.0	82.4	83.6
Employed part time	8.3	80.5	14.3	86.1	22.5	84.0
Employed refused	0.5*	50.8*	0.2**	49.9**	0.7*	50.5*
Total employed	56.2	83.0	49.3	83.7	105.6	83.3
Unemployed	0.7*	63.7*	2.2	82.0	2.9	76.7
Not in the labour force	7.8	72.4	11.6	77.0	19.4	75.1
<b>MARITAL STATUS</b>						
Married	37.9	80.8	38.1	81.1	75.9	81.0
Not married	26.7	81.9	25.1	84.1	51.8	83.0
Refused/Do not know	0.1**	100.0**	0.0**	0.0**	0.1**	100.0**
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	21.4	82.6	24.3	78.6	45.6	80.4
At least one under 18 — none at home	2.3	86.0	0.2**	77.9**	2.5	85.1
No children under 18	41.1	80.4	38.6	84.8	79.7	82.5
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	14.2	95.4	18.8	87.7	33.0	90.8
Undergraduate diploma or associate diploma	4.2	82.7	6.0	92.2	10.2	88.1
Certificate, trade qualification or apprenticeship	15.8	78.4	8.6	88.0	24.5	81.5
Highest level of secondary school	13.1	83.7	14.2	83.9	27.3	83.8
Did not complete highest level of school	11.4	68.3	11.4	65.4	22.8	66.8
Still at secondary school	3.5	85.6	2.7	100.0	6.1	91.3
Other	2.2	84.5	1.4*	72.9*	3.6	79.6
Refused	0.3**	66.4**	0.1**	100.0**	0.4**	72.2**
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	56.9	81.1	55.9	83.5	112.8	82.3
European language/s other than English	1.8*	93.7*	2.0*	74.4*	3.9	82.4
Non-European language/s	6.2	80.2	5.3	74.0	11.5	77.2
<b>Total</b>	<b>64.7</b>	<b>81.3</b>	<b>63.1</b>	<b>82.3</b>	<b>127.9</b>	<b>81.8</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 51: All Northern Territory persons — participation in any physical activity by frequency, age and sex, 2008 (a)**

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	1.6*	1.8*	4.5	2.5	5.9	0.0**	16.4
	25 to 34	2.4	2.5	5.4	2.9	3.7	0.0**	16.8
	35 to 44	3.5	2.4	4.0	3.0	3.4	0.0**	16.4
	45 to 54	3.2	2.5	2.5	2.8	3.3	0.0**	14.2
	55 to 64	3.1	0.7*	1.7*	1.8*	2.9	0.0**	10.2
	65 and over	1.2*	0.3**	0.7*	1.1*	2.3	0.0**	5.6
	<b>TOTAL</b>	<b>14.9</b>	<b>10.2</b>	<b>18.9</b>	<b>14.1</b>	<b>21.6</b>	<b>0.0**</b>	<b>79.6</b>
Females	15 to 24	2.5	1.5*	4.1	2.9	4.4	0.0**	15.4
	25 to 34	3.0	2.1	2.9	3.8	5.8	0.0**	17.7
	35 to 44	3.0	1.1*	2.9	3.4	5.8	0.0**	16.3
	45 to 54	2.8	0.7*	2.8	2.1	5.5	0.0**	13.8
	55 to 64	1.3*	0.7*	1.1*	1.9*	3.7	0.1**	8.7
	65 and over	0.9*	0.2**	0.7*	1.1*	2.0*	0.0**	4.8
	<b>TOTAL</b>	<b>13.6</b>	<b>6.3</b>	<b>14.4</b>	<b>15.2</b>	<b>27.2</b>	<b>0.1**</b>	<b>76.7</b>
Persons	15 to 24	4.1	3.3	8.6	5.4	10.3	0.0**	31.8
	25 to 34	5.4	4.6	8.3	6.7	9.5	0.0**	34.5
	35 to 44	6.5	3.5	6.9	6.4	9.3	0.0**	32.6
	45 to 54	6.0	3.2	5.3	4.8	8.7	0.0**	28.0
	55 to 64	4.5	1.4*	2.8	3.7	6.6	0.1**	19.0
	65 and over	2.0*	0.5*	1.4*	2.2	4.3	0.0**	10.4
	<b>TOTAL</b>	<b>28.5</b>	<b>16.5</b>	<b>33.3</b>	<b>29.2</b>	<b>48.7</b>	<b>0.1**</b>	<b>156.4</b>

Percentage of row (%)

Males	15 to 24	9.6*	11.1*	27.6	15.4	36.3	0.0**	100.0
	25 to 34	14.1	14.7	32.2	17.0	21.9	0.0**	100.0
	35 to 44	21.3	14.8	24.7	18.3	20.9	0.0**	100.0
	45 to 54	22.4	17.6	17.6	19.4	23.0	0.0**	100.0
	55 to 64	30.4	6.7*	16.7*	17.7*	28.6	0.0**	100.0
	65 and over	20.9*	5.4**	12.3*	19.9*	41.5	0.0**	100.0
	<b>TOTAL</b>	<b>18.7</b>	<b>12.8</b>	<b>23.7</b>	<b>17.7</b>	<b>27.1</b>	<b>0.0**</b>	<b>100.0</b>
Females	15 to 24	16.3	9.7*	26.6	18.9	28.6	0.0**	100.0
	25 to 34	17.2	12.0	16.3	21.6	32.9	0.0**	100.0
	35 to 44	18.6	6.8*	17.8	21.0	35.8	0.0**	100.0
	45 to 54	20.3	5.1*	20.2	15.0	39.4	0.0**	100.0
	55 to 64	15.4*	7.7*	12.2*	21.7*	42.1	1.0**	100.0
	65 and over	18.1*	5.0**	13.7*	22.1*	41.0*	0.0**	100.0
	<b>TOTAL</b>	<b>17.7</b>	<b>8.3</b>	<b>18.8</b>	<b>19.8</b>	<b>35.4</b>	<b>0.1**</b>	<b>100.0</b>
Persons	15 to 24	12.9	10.4	27.1	17.1	32.5	0.0**	100.0
	25 to 34	15.7	13.3	24.1	19.4	27.5	0.0**	100.0
	35 to 44	19.9	10.8	21.3	19.7	28.3	0.0**	100.0
	45 to 54	21.4	11.4	18.9	17.2	31.1	0.0**	100.0
	55 to 64	23.5	7.1*	14.6	19.5	34.8	0.5**	100.0
	65 and over	19.6*	5.2*	13.0*	20.9	41.3	0.0**	100.0
	<b>TOTAL</b>	<b>18.2</b>	<b>10.6</b>	<b>21.3</b>	<b>18.7</b>	<b>31.2</b>	<b>0.1**</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 52: Northern Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	1.8*	13.0	10.7	8.5	14.8
	25 to 34	2.5	12.0	10.3	6.6	14.5
	35 to 44	2.4	10.5	7.8	6.4	12.9
	45 to 54	2.5	8.5	7.1	6.0	11.0
	55 to 64	0.7*	6.4	6.0	4.7	7.1
	65 and over	0.3**	4.1	3.6	3.4	4.4
	<b>TOTAL</b>		<b>10.2</b>	<b>54.5</b>	<b>45.5</b>	<b>35.6</b>
Females	15 to 24	1.5*	11.4	9.7	7.3	12.9
	25 to 34	2.1	12.5	11.1	9.6	14.6
	35 to 44	1.1*	12.1	10.9	9.2	13.2
	45 to 54	0.7*	10.3	8.9	7.5	11.0
	55 to 64	0.7*	6.6	5.8	5.6	7.4
	65 and over	0.2**	3.7	3.4	3.0	3.9
	<b>TOTAL</b>		<b>6.3</b>	<b>56.7</b>	<b>49.8</b>	<b>42.3</b>
Persons	15 to 24	3.3	24.4	20.4	15.8	27.7
	25 to 34	4.6	24.5	21.4	16.2	29.1
	35 to 44	3.5	22.6	18.7	15.7	26.1
	45 to 54	3.2	18.8	15.9	13.6	22.0
	55 to 64	1.4*	13.1	11.9	10.3	14.5
	65 and over	0.5*	7.8	7.1	6.5	8.4
	<b>TOTAL</b>		<b>16.5</b>	<b>111.2</b>	<b>95.3</b>	<b>78.0</b>

Total participation rate (%) (b)

Males	15 to 24	11.1*	79.2	65.4	51.6	90.4
	25 to 34	14.7	71.1	61.1	38.9	85.9
	35 to 44	14.8	63.9	47.3	39.2	78.7
	45 to 54	17.6	60.0	49.9	42.4	77.6
	55 to 64	6.7*	62.9	59.0	46.2	69.6
	65 and over	5.4**	73.7	64.8	61.3	79.1
	<b>TOTAL</b>	<b>12.8</b>	<b>68.5</b>	<b>57.2</b>	<b>44.7</b>	<b>81.3</b>
Females	15 to 24	9.7*	74.0	62.9	47.4	83.7
	25 to 34	12.0	70.8	62.6	54.5	82.8
	35 to 44	6.8*	74.7	67.2	56.9	81.4
	45 to 54	5.1*	74.6	64.0	54.4	79.7
	55 to 64	7.7*	75.9	66.9	63.7	84.6
	65 and over	5.0**	76.9	71.4	63.1	81.9
	<b>TOTAL</b>	<b>8.3</b>	<b>73.9</b>	<b>64.9</b>	<b>55.2</b>	<b>82.3</b>
Persons	15 to 24	10.4	76.7	64.2	49.6	87.1
	25 to 34	13.3	71.0	61.9	46.9	84.3
	35 to 44	10.8	69.3	57.2	48.0	80.1
	45 to 54	11.4	67.2	56.9	48.3	78.6
	55 to 64	7.1*	68.9	62.6	54.3	76.5
	65 and over	5.2*	75.1	67.9	62.2	80.4
	<b>TOTAL</b>	<b>10.6</b>	<b>71.1</b>	<b>61.0</b>	<b>49.9</b>	<b>81.8</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 53: Northern Territory recent participants — recent participation in any physical activity by duration and age, 2008 (a)**

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	7.9	4.3	5.5	4.7	4.3	1.6*	28.2
	Two or three sessions weekly	0.8*	0.2**	0.5*	0.9*	0.3**	0.7*	3.4
	Less than two sessions weekly	0.0**	0.5*	0.3**	0.1**	0.0**	0.2**	1.1*
	<i>Total</i>	8.6	5.0	6.3	5.7	4.6	2.4	32.7
Two hours or more but less than five hours	More than three sessions weekly	2.7	6.0	3.9	5.5	3.0	2.5	23.7
	Two or three sessions weekly	3.4	2.8	3.2	1.7*	1.3*	0.6*	13.0
	Less than two sessions weekly	1.6*	1.2*	1.1*	1.3*	0.4**	0.4**	6.0
	<i>Total</i>	7.7	10.0	8.3	8.6	4.7	3.6	42.7
Less than two hours	More than three sessions weekly	0.6*	0.1**	0.7*	0.2**	0.4**	0.5*	2.5
	Two or three sessions weekly	2.1	1.8*	2.5	1.1*	1.6*	0.5*	9.5
	Less than two sessions weekly	3.3	5.3	4.3	4.1	1.3*	0.6*	19.0
	<i>Total</i>	6.0	7.2	7.6	5.4	3.2	1.7*	31.1
Total	More than three sessions weekly	11.2	10.4	10.1	10.4	7.7	4.6	54.5
	Two or three sessions weekly	6.2	4.8	6.3	3.7	3.1	1.8*	25.9
	Less than two sessions weekly	4.9	7.0	5.8	5.6	1.6*	1.2*	26.2
	<b>Total</b>	<b>22.3</b>	<b>22.2</b>	<b>22.2</b>	<b>19.7</b>	<b>12.5</b>	<b>7.7</b>	<b>106.5</b>
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	7.4	4.0	5.1	4.4	4.1	1.5*	26.5
	Two or three sessions weekly	0.7*	0.2**	0.5*	0.9*	0.3**	0.6*	3.2
	Less than two sessions weekly	0.0**	0.5*	0.3**	0.1**	0.0**	0.1**	1.0*
	<i>Total</i>	8.1	4.7	5.9	5.4	4.3	2.3	30.7
Two hours or more but less than five hours	More than three sessions weekly	2.5	5.6	3.7	5.2	2.8	2.4	22.2
	Two or three sessions weekly	3.2	2.6	3.0	1.6*	1.2*	0.6*	12.2
	Less than two sessions weekly	1.5*	1.1*	1.1*	1.2*	0.3**	0.4**	5.7
	<i>Total</i>	7.2	9.4	7.8	8.0	4.4	3.3	40.1
Less than two hours	More than three sessions weekly	0.6*	0.1**	0.7*	0.2**	0.3**	0.4*	2.4
	Two or three sessions weekly	1.9	1.7*	2.4	1.0*	1.5*	0.5*	9.0
	Less than two sessions weekly	3.1	5.0	4.1	3.9	1.2*	0.6*	17.9
	<i>Total</i>	5.7	6.8	7.1	5.1	3.0	1.6*	29.2
Total	More than three sessions weekly	10.5	9.8	9.5	9.8	7.2	4.3	51.1
	Two or three sessions weekly	5.8	4.5	5.9	3.5	2.9	1.7*	24.3
	Less than two sessions weekly	4.6	6.5	5.4	5.2	1.5*	1.2*	24.5
	<b>Total</b>	<b>21.0</b>	<b>20.8</b>	<b>20.8</b>	<b>18.5</b>	<b>11.7</b>	<b>7.2</b>	<b>100.0</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 54: Northern Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	8.5	51.6	7.3	47.4	15.8	49.6
25 to 34	6.6	38.9	9.6	54.5	16.2	46.9
35 to 44	6.4	39.2	9.2	56.9	15.7	48.0
45 to 54	6.0	42.4	7.5	54.4	13.6	48.3
55 to 64	4.7	46.2	5.6	63.7	10.3	54.3
65 and over	3.4	61.3	3.0	63.1	6.5	62.2
<b>REGION</b>						
Capital city	24.4	45.2	29.4	54.6	53.8	49.9
Rest of state	11.3	43.8	12.9	56.4	24.2	49.7
<b>EMPLOYMENT STATUS</b>						
Employed full time	25.7	45.5	23.8	56.7	49.5	50.3
Employed part time	4.1	39.6	8.6	52.1	12.7	47.3
Employed refused	0.3**	35.2**	0.1**	24.2**	0.4**	31.5**
Total employed	30.1	44.4	32.6	55.2	62.7	49.4
Unemployed	0.3**	31.8**	1.5*	55.7*	1.9*	48.8*
Not in the labour force	5.2	48.0	8.3	54.9	13.4	52.1
<b>MARITAL STATUS</b>						
Married	19.4	41.3	26.3	55.9	45.6	48.6
Not married	16.1	49.4	16.1	53.9	32.2	51.6
Refused/Do not know	0.1**	100.0**	0.0**	0.0**	0.1**	100.0**
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	11.2	43.3	15.4	50.0	26.6	46.9
At least one under 18 — none at home	1.2*	45.8*	0.1**	47.1**	1.4*	46.0*
No children under 18	23.2	45.4	26.8	58.7	50.0	51.7
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	8.6	57.5	14.6	68.3	23.2	63.9
Undergraduate diploma or associate diploma	2.2	43.8	4.3	66.8	6.5	56.7
Certificate, trade qualification or apprenticeship	7.9	39.1	5.5	56.2	13.4	44.7
Highest level of secondary school	6.5	41.8	8.4	49.3	14.9	45.7
Did not complete highest level of school	6.5	38.8	6.9	39.6	13.4	39.2
Still at secondary school	2.2	55.4	1.4*	54.1*	3.7	54.9
Other	1.7*	63.0*	1.1*	55.9*	2.7	60.0
Refused	0.0**	0.0**	0.1**	100.0**	0.1**	17.1**
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	30.7	43.7	37.3	55.7	67.9	49.6
European language/s other than English	1.3*	64.8*	1.1*	41.6*	2.4	51.2
Non-European language/s	3.9	50.7	4.1	56.1	8.0	53.3
<b>Total</b>	<b>35.6</b>	<b>44.7</b>	<b>42.3</b>	<b>55.2</b>	<b>78.0</b>	<b>49.9</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 55: Northern Territory organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)**

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	4.8	1.8*	5.0	2.3	2.4	0.0**	16.4
	25 to 34	9.7	2.3	3.5	1.3*	0.0**	0.0**	16.8
	35 to 44	9.4	3.0	2.4	1.2*	0.3**	0.0**	16.4
	45 to 54	9.1	2.3	1.5*	0.5*	0.8*	0.0**	14.2
	55 to 64	7.2	0.5*	1.5*	0.7*	0.3**	0.0**	10.2
	65 and over	4.0	0.5*	0.5*	0.3**	0.3**	0.0**	5.6
	<b>TOTAL</b>		<b>44.2</b>	<b>10.6</b>	<b>14.4</b>	<b>6.3</b>	<b>4.2</b>	<b>0.0**</b>
Females	15 to 24	6.8	2.6	2.5	2.5	1.1*	0.0**	15.4
	25 to 34	11.8	2.1	2.2	0.9*	0.6*	0.0**	17.7
	35 to 44	10.2	2.1	2.1	1.2*	0.7*	0.0**	16.3
	45 to 54	9.9	1.1*	1.2*	1.1*	0.6*	0.0**	13.8
	55 to 64	5.9	1.0*	1.0*	0.7*	0.2**	0.0**	8.7
	65 and over	2.8	0.2**	0.8*	0.8*	0.3**	0.0**	4.8
	<b>TOTAL</b>		<b>47.4</b>	<b>9.0</b>	<b>9.8</b>	<b>7.1</b>	<b>3.5</b>	<b>0.0**</b>
Persons	15 to 24	11.6	4.4	7.5	4.8	3.5	0.0**	31.8
	25 to 34	21.5	4.4	5.8	2.2	0.6*	0.0**	34.5
	35 to 44	19.6	5.1	4.6	2.4	1.1*	0.0**	32.6
	45 to 54	19.0	3.4	2.7	1.6*	1.4*	0.0**	28.0
	55 to 64	13.2	1.5*	2.5	1.4*	0.5*	0.0**	19.0
	65 and over	6.8	0.7*	1.2*	1.1*	0.6*	0.0**	10.4
	<b>TOTAL</b>		<b>91.6</b>	<b>19.5</b>	<b>24.2</b>	<b>13.4</b>	<b>7.6</b>	<b>0.0**</b>

Percentage of row (%)

Males	15 to 24	29.3	11.2*	30.6	14.1	14.7	0.0**	100.0
	25 to 34	57.4	13.9	21.0	7.7*	0.0**	0.0**	100.0
	35 to 44	57.4	18.4	14.9	7.3*	1.9**	0.0**	100.0
	45 to 54	64.3	16.3	10.2*	3.3*	6.0*	0.0**	100.0
	55 to 64	70.6	5.2*	14.8*	6.7*	2.6**	0.0**	100.0
	65 and over	70.7	9.4*	8.3*	6.0**	5.6**	0.0**	100.0
	<b>TOTAL</b>		<b>55.5</b>	<b>13.3</b>	<b>18.1</b>	<b>7.9</b>	<b>5.2</b>	<b>0.0**</b>
Females	15 to 24	44.1	16.7	16.2	16.2	6.8*	0.0**	100.0
	25 to 34	66.9	11.6	12.7	5.2*	3.5*	0.0**	100.0
	35 to 44	62.5	12.9	13.0	7.1*	4.5*	0.0**	100.0
	45 to 54	71.2	7.7*	8.7*	8.1*	4.3*	0.0**	100.0
	55 to 64	67.8	11.2*	11.2*	7.6*	2.2**	0.0**	100.0
	65 and over	58.9	4.0**	15.6*	16.1*	5.4**	0.0**	100.0
	<b>TOTAL</b>		<b>61.8</b>	<b>11.7</b>	<b>12.7</b>	<b>9.3</b>	<b>4.5</b>	<b>0.0**</b>
Persons	15 to 24	36.5	13.9	23.6	15.1	10.9	0.0**	100.0
	25 to 34	62.3	12.7	16.8	6.4	1.8*	0.0**	100.0
	35 to 44	59.9	15.7	14.0	7.2	3.2*	0.0**	100.0
	45 to 54	67.7	12.0	9.5	5.7*	5.1*	0.0**	100.0
	55 to 64	69.3	8.0*	13.2	7.1*	2.4*	0.0**	100.0
	65 and over	65.3	6.9*	11.7*	10.6*	5.5*	0.0**	100.0
	<b>TOTAL</b>		<b>58.6</b>	<b>12.5</b>	<b>15.5</b>	<b>8.6</b>	<b>4.9</b>	<b>0.0**</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 56: Northern Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	1.8*	9.7	7.2	4.7	11.6
	25 to 34	2.3	4.8	3.0	1.3*	7.2
	35 to 44	3.0	4.0	2.3	1.5*	7.0
	45 to 54	2.3	2.8	2.6	1.3*	5.1
	55 to 64	0.5*	2.5	1.5*	1.0*	3.0
	65 and over	0.5*	1.1*	0.9*	0.6*	1.6*
	<b>TOTAL</b>		<b>10.6</b>	<b>24.9</b>	<b>17.5</b>	<b>10.4</b>
Females	15 to 24	2.6	6.0	4.5	3.6	8.6
	25 to 34	2.1	3.8	2.9	1.5*	5.8
	35 to 44	2.1	4.0	2.7	1.9*	6.1
	45 to 54	1.1*	2.9	1.7*	1.7*	4.0
	55 to 64	1.0*	1.8*	1.5*	0.9*	2.8
	65 and over	0.2**	1.8*	1.4*	1.0*	2.0*
	<b>TOTAL</b>		<b>9.0</b>	<b>20.4</b>	<b>14.7</b>	<b>10.6</b>
Persons	15 to 24	4.4	15.8	11.7	8.3	20.2
	25 to 34	4.4	8.6	5.9	2.8	13.0
	35 to 44	5.1	8.0	5.0	3.4	13.1
	45 to 54	3.4	5.7	4.3	3.0	9.1
	55 to 64	1.5*	4.3	3.0	1.8*	5.8
	65 and over	0.7*	2.9	2.2	1.7*	3.6
	<b>TOTAL</b>		<b>19.5</b>	<b>45.3</b>	<b>32.2</b>	<b>21.0</b>
Total participation rate (%) (b)						
Males	15 to 24	11.2*	59.5	44.2	28.8	70.7
	25 to 34	13.9	28.7	17.9	7.7*	42.6
	35 to 44	18.4	24.2	13.9	9.3*	42.6
	45 to 54	16.3	19.5	18.5	9.2*	35.7
	55 to 64	5.2*	24.2	14.9*	9.3*	29.4
	65 and over	9.4*	19.9*	15.5*	11.6*	29.3*
	<b>TOTAL</b>	<b>13.3</b>	<b>31.3</b>	<b>22.0</b>	<b>13.1</b>	<b>44.5</b>
Females	15 to 24	16.7	39.2	29.2	23.0	55.9
	25 to 34	11.6	21.4	16.2	8.7*	33.1
	35 to 44	12.9	24.6	16.8	11.6*	37.5
	45 to 54	7.7*	21.1	12.4*	12.4*	28.8
	55 to 64	11.2*	21.0*	16.8*	9.8*	32.2
	65 and over	4.0**	37.1*	28.8*	21.5*	41.1*
	<b>TOTAL</b>	<b>11.7</b>	<b>26.6</b>	<b>19.1</b>	<b>13.8</b>	<b>38.2</b>
Persons	15 to 24	13.9	49.6	37.0	26.0	63.5
	25 to 34	12.7	25.0	17.0	8.2	37.7
	35 to 44	15.7	24.4	15.3	10.5	40.1
	45 to 54	12.0	20.3	15.5	10.8	32.3
	55 to 64	8.0*	22.7	15.8	9.6*	30.7
	65 and over	6.9*	27.8	21.6	16.2*	34.7
	<b>TOTAL</b>	<b>12.5</b>	<b>28.9</b>	<b>20.6</b>	<b>13.5</b>	<b>41.4</b>

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 57: Northern Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)**

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	3.5	8.9	0.6*	1.9*	1.8*	11.6
	25 to 34	1.2*	6.0	0.8*	0.0**	0.7*	7.2
	35 to 44	1.8*	5.6	0.5*	0.0**	0.7*	7.0
	45 to 54	1.2*	3.4	0.2**	0.0**	1.4*	5.1
	55 to 64	0.7*	2.4	0.0**	0.0**	0.2**	3.0
	65 and over	0.0**	1.4*	0.0**	0.1**	0.2**	1.6*
	<b>TOTAL</b>		<b>8.4</b>	<b>27.7</b>	<b>2.0*</b>	<b>2.0*</b>	<b>5.1</b>
Females	15 to 24	2.9	6.6	0.2**	1.8*	1.7*	8.6
	25 to 34	3.1	2.5	1.2*	0.4**	1.1*	5.8
	35 to 44	3.1	2.9	0.3**	0.3**	1.0*	6.1
	45 to 54	2.1	2.0*	0.2**	0.0**	0.6*	4.0
	55 to 64	1.7*	0.9*	0.2**	0.0**	0.4**	2.8
	65 and over	0.5*	1.1*	0.0**	0.0**	0.8*	2.0*
	<b>TOTAL</b>		<b>13.4</b>	<b>16.0</b>	<b>2.0*</b>	<b>2.4</b>	<b>5.5</b>
Persons	15 to 24	6.4	15.5	0.8*	3.6	3.6	20.2
	25 to 34	4.3	8.5	2.0*	0.4**	1.8*	13.0
	35 to 44	5.0	8.5	0.8*	0.3**	1.7*	13.1
	45 to 54	3.3	5.3	0.4**	0.0**	2.1	9.1
	55 to 64	2.4	3.4	0.2**	0.0**	0.5*	5.8
	65 and over	0.5*	2.5	0.0**	0.1**	1.0*	3.6
	<b>TOTAL</b>		<b>21.8</b>	<b>43.7</b>	<b>4.1</b>	<b>4.4</b>	<b>10.6</b>

Total participation rate (%) (b)

Males	15 to 24	21.5*	54.3	3.8*	11.3*	11.2*	70.7
	25 to 34	6.9*	35.5	4.6*	0.0**	4.2*	42.6
	35 to 44	11.3*	34.2	2.9*	0.0**	4.5*	42.6
	45 to 54	8.2*	23.7	1.1**	0.0**	10.1*	35.7
	55 to 64	7.0*	23.5	0.0**	0.0**	1.5**	29.4
	65 and over	0.0**	25.8*	0.0**	1.9**	4.1**	29.3*
	<b>TOTAL</b>	<b>10.6</b>	<b>34.8</b>	<b>2.5*</b>	<b>2.5*</b>	<b>6.4</b>	<b>44.5</b>
Females	15 to 24	18.9	42.7	1.2**	11.5*	11.2*	55.9
	25 to 34	17.7	14.2	6.7*	2.1**	6.0*	33.1
	35 to 44	19.4	17.9	1.8**	1.5**	6.1*	37.5
	45 to 54	15.1	14.1*	1.4**	0.0**	4.5*	28.8
	55 to 64	18.9*	10.9*	2.1**	0.0**	4.5**	32.2
	65 and over	10.4*	23.0*	0.0**	0.0**	15.6*	41.1*
	<b>TOTAL</b>	<b>17.5</b>	<b>20.9</b>	<b>2.7*</b>	<b>3.1</b>	<b>7.2</b>	<b>38.2</b>
Persons	15 to 24	20.3	48.6	2.5*	11.4	11.2	63.5
	25 to 34	12.4	24.6	5.7*	1.1**	5.1*	37.7
	35 to 44	15.3	26.1	2.4*	0.8**	5.3*	40.1
	45 to 54	11.6	19.0	1.3**	0.0**	7.3	32.3
	55 to 64	12.5	17.7	1.0**	0.0**	2.9*	30.7
	65 and over	4.8*	24.5	0.0**	1.0**	9.4*	34.7
	<b>TOTAL</b>	<b>14.0</b>	<b>27.9</b>	<b>2.6</b>	<b>2.8</b>	<b>6.8</b>	<b>41.4</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 58: Northern Territory participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)**

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	10.4	13.0	21.1	27.5	31.5	20.1
Aquarobics	0.1**	0.2**	2.3	2.9	2.4	1.5
Athletics/track and field	0.2**	0.2**	0.6*	0.7*	0.8*	0.5*
Australian rules football	4.9	6.1	0.5*	0.7*	5.4	3.5
Badminton	0.4**	0.5**	0.5*	0.7*	0.9*	0.6*
Baseball	1.2*	1.5*	0.0**	0.0**	1.2*	0.8*
Basketball	4.1	5.2	2.9	3.7	7.0	4.5
Billiards/snooker/pool	0.4**	0.5**	0.1**	0.1**	0.5*	0.3*
Boxing	1.1*	1.4*	0.1**	0.1**	1.2*	0.8*
Canoeing/kayaking	0.8*	1.0*	1.0*	1.3*	1.8*	1.1*
Cricket (indoor)	1.9*	2.4*	0.1**	0.1**	2.0*	1.3*
Cricket (outdoor)	5.0	6.2	0.5*	0.7*	5.5	3.5
Cycling	13.5	16.9	10.3	13.5	23.8	15.2
Dancing	0.3**	0.3**	2.9	3.7	3.1	2.0
Darts	0.3**	0.4**	0.0**	0.0**	0.3**	0.2**
Fishing	5.3	6.7	0.6*	0.8*	5.9	3.8
Football (indoor)	2.7	3.4	0.9*	1.1*	3.6	2.3
Football (outdoor)	5.6	7.0	3.8	5.0	9.4	6.0
Golf	6.4	8.1	1.6*	2.1*	8.0	5.1
Gymnastics	0.6*	0.8*	0.1**	0.1**	0.7*	0.5*
Hockey (indoor)	1.2*	1.6*	0.4**	0.6**	1.7*	1.1*
Hockey (outdoor)	2.1	2.7	1.0*	1.3*	3.1	2.0
Horse riding/equestrian activities/polocrosse	0.6*	0.8*	1.6*	2.1*	2.2	1.4
Ice/snow sports	0.4**	0.6**	0.2**	0.3**	0.7*	0.4*
Lawn bowls	1.0*	1.2*	0.9*	1.2*	1.9*	1.2*
Martial arts	2.0*	2.5*	0.7*	0.9*	2.7	1.7
Motor sports	4.5	5.6	0.3**	0.4**	4.8	3.0
Netball	0.4**	0.5**	4.9	6.3	5.3	3.4
Orienteering	0.3**	0.4**	0.4**	0.6**	0.8*	0.5*
Rock climbing	1.6*	2.0*	0.8*	1.0*	2.4	1.5
Roller sports	0.2**	0.2**	0.1**	0.2**	0.3**	0.2**
Rowing	0.2**	0.2**	0.3**	0.3**	0.4**	0.3**
Rugby league	2.7	3.3	0.0**	0.0**	2.7	1.7
Rugby union	2.6	3.3	0.2**	0.2**	2.8	1.8
Running	10.8	13.5	6.0	7.8	16.7	10.7
Sailing	0.6*	0.7*	0.5*	0.6*	1.0*	0.7*
Scuba diving	0.0**	0.0**	0.3**	0.4**	0.3**	0.2**
Shooting sports	1.8*	2.3*	0.2**	0.3**	2.1	1.3
Softball	0.3**	0.4**	0.6*	0.8*	0.9*	0.6*
Squash/racquetball	1.1*	1.4*	0.8*	1.0*	1.9*	1.2*
Surf sports	0.5*	0.7*	0.2**	0.3**	0.7*	0.5*
Swimming	10.5	13.1	14.5	18.9	25.0	16.0
Table tennis	0.5*	0.6*	0.4**	0.5**	0.9*	0.5*
Tennis	2.8	3.5	2.5	3.3	5.3	3.4
Tenpin bowling	0.4**	0.5**	0.9*	1.2*	1.3*	0.8*
Touch football	4.7	5.8	2.0*	2.6*	6.6	4.2
Triathlon	0.1**	0.2**	0.5*	0.7*	0.6*	0.4*
Volleyball	4.3	5.4	3.1	4.0	7.3	4.7
Walking (bush)	5.2	6.5	7.3	9.5	12.5	8.0
Walking (other)	18.2	22.8	34.2	44.5	52.3	33.5
Water polo	0.2**	0.3**	0.0**	0.0**	0.2**	0.1**
Waterskiing/powerboating	0.2**	0.2**	0.2**	0.3**	0.4**	0.3**
Weight training	4.0	5.0	2.5	3.3	6.5	4.2
Yoga	0.7*	0.9*	4.4	5.8	5.1	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 59: Northern Territory participants — total participation in specific activities by type of activity, 2008 (a)**

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	10.2	23.3	31.5	6.5	14.9	20.1
Aquarobics	1.7*	1.0*	2.4	1.1*	0.6*	1.5
Athletics/track and field	0.8*	0.2**	0.8*	0.5*	0.2**	0.5*
Australian rules football	4.7	1.6*	5.4	3.0	1.0*	3.5
Badminton	0.8*	0.1**	0.9*	0.5*	0.1**	0.6*
Baseball	1.0*	0.2**	1.2*	0.6*	0.1**	0.8*
Basketball	4.4	3.3	7.0	2.8	2.1	4.5
Billiards/snooker/pool	0.4**	0.2**	0.5*	0.2**	0.1**	0.3*
Boxing	0.3**	0.9*	1.2*	0.2**	0.6*	0.8*
Canoeing/kayaking	0.9*	0.9*	1.8*	0.6*	0.5*	1.1*
Cricket (indoor)	1.4*	0.7*	2.0*	0.9*	0.5*	1.3*
Cricket (outdoor)	3.7	2.1	5.5	2.3	1.3	3.5
Cycling	1.9*	22.9	23.8	1.2*	14.6	15.2
Dancing	2.0*	1.5*	3.1	1.3*	1.0*	2.0
Darts	0.1**	0.3**	0.3**	0.1**	0.2**	0.2**
Fishing	0.8*	5.6	5.9	0.5*	3.6	3.8
Football (indoor)	1.9*	1.9*	3.6	1.2*	1.2*	2.3
Football (outdoor)	7.2	2.7	9.4	4.6	1.7	6.0
Golf	4.9	4.3	8.0	3.1	2.8	5.1
Gymnastics	0.2**	0.5*	0.7*	0.1**	0.3*	0.5*
Hockey (indoor)	1.7*	0.0**	1.7*	1.1*	0.0**	1.1*
Hockey (outdoor)	3.1	0.0**	3.1	2.0	0.0**	2.0
Horse riding/equestrian activities/polocrosse	0.7*	1.9*	2.2	0.4*	1.2*	1.4
Ice/snow sports	0.2**	0.4**	0.7*	0.1**	0.3**	0.4*
Lawn bowls	1.6*	0.2**	1.9*	1.0*	0.2**	1.2*
Martial arts	2.0*	0.9*	2.7	1.3*	0.5*	1.7
Motor sports	2.6	2.3	4.8	1.6	1.5	3.0
Netball	4.0	1.5*	5.3	2.5	1.0*	3.4
Orienteering	0.4**	0.5*	0.8*	0.3**	0.3*	0.5*
Rock climbing	1.1*	1.6*	2.4	0.7*	1.0*	1.5
Roller sports	0.0**	0.3**	0.3**	0.0**	0.2**	0.2**
Rowing	0.2**	0.3**	0.4**	0.2**	0.2**	0.3**
Rugby league	2.1	0.8*	2.7	1.3	0.5*	1.7
Rugby union	2.2	0.6*	2.8	1.4	0.4*	1.8
Running	2.8	15.6	16.7	1.8	10.0	10.7
Sailing	0.7*	0.7*	1.0*	0.4*	0.4*	0.7*
Scuba diving	0.1**	0.2**	0.3**	0.1**	0.1**	0.2**
Shooting sports	1.7*	0.8*	2.1	1.1*	0.5*	1.3
Softball	0.9*	0.1**	0.9*	0.5*	0.0**	0.6*
Squash/racquetball	0.9*	1.0*	1.9*	0.6*	0.6*	1.2*
Surf sports	0.2**	0.6*	0.7*	0.1**	0.4*	0.5*
Swimming	2.0*	24.2	25.0	1.3*	15.5	16.0
Table tennis	0.7*	0.2**	0.9*	0.4*	0.1**	0.5*
Tennis	1.2*	4.1	5.3	0.8*	2.6	3.4
Tenpin bowling	0.8*	0.6*	1.3*	0.5*	0.4*	0.8*
Touch football	5.4	1.4*	6.6	3.5	0.9*	4.2
Triathlon	0.6*	0.2**	0.6*	0.4*	0.1**	0.4*
Volleyball	5.8	1.5*	7.3	3.7	1.0*	4.7
Walking (bush)	1.3*	11.4	12.5	0.8*	7.3	8.0
Walking (other)	1.4*	52.0	52.3	0.9*	33.3	33.5
Water polo	0.0**	0.2**	0.2**	0.0**	0.1**	0.1**
Waterskiing/powerboating	0.0**	0.4**	0.4**	0.0**	0.3**	0.3**
Weight training	1.4*	5.5	6.5	0.9*	3.5	4.2
Yoga	2.4	3.7	5.1	1.6	2.3	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use